



December 2018

HIGH SCHOOL LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(2)	3 Wing Bar Assorted Entrée Salad Dinner Roll French Fries Fresh Tomato Wedges Assorted Fruits	4 Pasta Bar Assorted Entrée Salad Dinner Roll/ Gravy Steamed Broccoli Fresh Cucumber Slices Assorted Fruits	5 National Comfort Food Day! Salisbury Steak Assorted Entrée Salad Dinner Roll Mashed Potatoes Green Beans Assorted Fruits	6 Chicken Parmesan Melt Asian Bar Assorted Entrée Salad Dinner Roll Campfire Chipotle Beans Baby Carrots Assorted Fruits	7 Spicy Popcorn Chicken Bowl Assorted Entrée Salad Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits	What is a Reimbursable Lunch? Must choose 3 components with one being 1/2 cup fruit or vegetable. 1. Whole Grain 2. Fruit 3. Vegetable 4. Meat/Meat Alternate 5. Milk-1%, Skim Offered Daily: *Featured Entrée *Featured Salad *Esta Fiesta Bar Beans & Rice *Featured Deli Selections: Variety of Deli Sandwiches PB&J Sandwiches Pretzel, Yogurt & Cheese Packs *Featured Pizza Selections Cheese Pizza Pepperoni Pizza* Calzones & Stromboli* Manager's Special *Featured Grill Selections: Cheeseburger, Grilled Chicken Sandwich Breaded Chicken Sandwich *Breadstick or Pretzels *Assorted Juice *Assorted Milk 1% White, 1%Chocolate Skim: Vanilla, Strawberry Additional Weekly Grill Options: Spicy Chicken Sandwich Popcorn Chicken Chicken Tenders Hot Dog PRICES Lunch: \$2.90 Reduced: \$0.40
(3)	10 Grilled Ham & Chz Melt* Assorted Entrée Salad Dinner Roll Corn Baby Carrots Assorted Fruits	11 Pasta Bar Assorted Entrée Salad Dinner Roll/Gravy Green Beans Fresh Cucumber Slices Assorted Fruit Bar	12 Nacho Chz Walking Taco Assorted Entrée Salad Dinner Roll Fresh Broccoli Red Pepper Strips Assorted Fruits	13 Asian Bar Assorted Entrée Salad Dinner Roll Black Charro Beans Garden Salad Assorted Fruits Happy Holidays!	14 Ranch Chix & Chz Panini Assorted Entrée Salad Dinner Roll Swt Potato Bites Fresh Zucchini Assorted Fruits	
(4)	17 Country Popcorn Chix Bowl Assorted Entrée Salad Cheese Pizza Dinner Roll/ Gravy Mashed Potatoes Corn Assorted Fruits	18 Pasta Bar Assorted Entrée Salad Dinner Roll Baby Carrots Pinto Kickin Beans Assorted Fruits	19 Breaded Chix Drumstick Assorted Entrée Salad Dinner Roll Gravy Mashed Potatoes Orange Glazed Carrots Assorted Fruits	20 Oven Roasted Turkey Assorted Entrée Salad Stuffing Gravy and/or Dinner Roll Green Beans Mashed Maple Sweet Potatoes Assorted Fruits	21 Winter Break 	
(5)	24 Winter Break 	25 Winter Break 	26 Winter Break 	27 Winter Break 	28 Winter Break *May contain pork ingredients	
(1)	31 Winter Break 	 Fuel! Fuel Item Dec 3-7 – Disco Fries Fuel Item Dec 10-14 – Kickin Chicken Fries		Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.		

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

