










December 2018

MS Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	4 Glazed Cinnamon Roll Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	5 Sausage Breakfast Pizza* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	6 Cheesy Cham** Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Raisins Assorted Juice Assorted Milk	7 Dutch Waffle Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Peaches Assorted Juice Assorted Milk
10 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	11 National Bagel Day! Mini Cinnamon Creamy Cheese Bagels Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice	12 CSausage & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	13 Chicken Ham & Chz Bagel Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	14 Cinnamon French Toast Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk
17 Breakfast Pancake Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	18 Grape Crescent Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	19 Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	20 Egg, Bacon & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	21 Winter Break 
24 Winter Break 	25 Winter Break 	26 Winter Break 	27 Winter Break 	28 Winter Break 
31 Winter Break 	Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.			

More Info...

What is a Reimbursable Breakfast?

1. Whole Grain
2. Fruit
3. Milk-1%, Skim
4. Additional Item: Grain or Meat/Meat Alt.

Must choose 3 items with one being ½ cup fruit

Offered Daily:

*Assorted Juice

*Assorted Milk
 1% White,
 1% Chocolate
 Skim: Vanilla,
 Strawberry

Pick 2 Items (MS ONLY):

String Cheese
 Eggs
 Yogurt
 Asst Muffins
 Pop Tarts
 Granola Bars
 Biscuits
 Asst Crackers
 Asst Cereal
 Donut Holes

*May contain pork
 **Chicken Ham

Breakfast Prices:
 Full Priced: \$1.30
 Reduced: \$.30

Menus are subject to change without notice.

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."