



December 2018

Discovery-Phelps-OTC LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(2)	3 Wing Bar Hot Dog on Bun Dinner Roll French Fries Fresh Tomato Wedges Assorted Fruits	4 Pasta Bar Chicken Patty Sandwich Steamed Broccoli Fresh Cucumber Slices Assorted Fruits	5 Salisbury Steak Grilled Chix Sandwich Dinner Roll Mashed Potatoes Green Beans Assorted Fruits	6 Chicken Parmesan Melt Fish Patty Sandwich Campfire Chipotle Beans Baby Carrots Assorted Fruits	7 Spicy Popcorn Chicken Bowl Cheeseburger Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits	What is a Reimbursable Lunch? Must choose 3 components with one being ½ cup fruit or vegetable. 1. Whole Grain 2. Fruit 3. Vegetable 4. Meat/Meat Alternate 5. Milk-1%, Skim PRICES Lunch: \$2.90 Reduced: \$0.40
(3)	10 Grilled Ham & Chz Melt Hot Dog Corn Baby Carrots Assorted Fruits	11 Corn Dog Pasta Bar Dinner Roll Green Beans Fresh Cucumber Slices Assorted Fruit Bar	12 Nacho Chz Walking Taco Cheeseburger Dinner Roll Fresh Broccoli Red Pepper Strips Assorted Fruits	13 Asian Bar Spicy Chicken Sandwich Black Charro Beans Garden Salad Assorted Fruits	14 Ranch Chix & Chz Panini Pepperoni Pizza Sweet Potato Bites Fresh Zucchini Assorted Fruits	
(4)	17 Country Popcorn Chix Bowl Cheeseburger Dinner Roll/ Gravy Mashed Potatoes Corn Assorted Fruits	18 Pasta Bar Hot Dog on Bun Baby Carrots Pinto Kickin Beans Assorted Fruits	19 Breaded Chix Drumstick Grilled Chix Sandwich Dinner Roll Gravy Mashed Potatoes Orange Glazed Carrots Assorted Fruits	20 Happy Holidays! Oven Rst Turkey Chicken Patty Sandwich Gravy and/or Dinner Roll Stuffing Green Beans Maple Mashed Swt Potatoes Assorted Fruits	21 Winter Break	
(5)	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	
(1)	31 Winter Break					

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Menus are subject to change without notice.

"This institution is an equal opportunity provider."

