



**Approved Cereals:**  
 Rice Chex, Frst Mini Wheats, Choc Frst Mini Wheats, Cinn Toast Crunch, Cheerios, Rice Krispies

# Shady Dell, Campbell, Shining Stars Breakfast & Lunch December, 2018

(2)	3 <b>Cereal</b> Diced Pears White Milk  <b>Cheeseburger</b> French Fries 100% Fruit Juice White Milk	4 <b>Cinni Mini's</b> 100% Fruit Juice White Milk  <b>Country Popcorn Chix Bowl</b> Corn Applesauce Cup White Milk	5 <b>Mini Maple Waffles</b>  Elf Grahams Orange Wedges White Milk  <b>Cham** &amp; Chz Melt</b> Garden Salad 100% Fruit Juice White Milk	6 <b>Cereal</b> Elf Grahams Fresh 100% Fruit Juice White Milk  <b>Chix Nuggets</b> Baby Carrots Peach Applesauce Cup White Milk	7 <b>Yogurt</b> Elf Grahams Diced Peaches White Milk  <b>Cheese Pizza</b> Steamed Broccoli w. Cheese Mandarin Oranges White Milk	
	(3)	10 <b>Country Chicken Biscuit</b> Diced Pears White Milk  <b>Chicken Tenders</b> Baby Carrots 100% Fruit Blend Juice White Milk	11 <b>Cereal</b> Elf Grahams 100% Fruit Juice White Milk  <b>Chix &amp; Maple Syrup Waffle</b> Swt Potato Bites Orange Wedges White Milk	12 <b>Mini Maple Waffles</b> Applesauce White Milk  <b>Turkey &amp; Chz Salad Dinner Roll</b> Fresh Zucchini Squash Diced Peaches White Milk	13 <b>Cham* &amp; Cheese Bagel</b> Banana White Milk  <b>Beef Soft Tacos</b> Corn Applesauce Cup White Milk	14 <b>Cinn French Toast</b> 100% Apple Juice White Milk  <b>Cheese Pizza</b> Garden Salad Mandarin Oranges White Milk
(4)	17 <b>Maple Mini Pancakes</b> Diced Peaches Applesauce White Milk  <b>Beef Quesadilla</b> Fresh Tomato Wedges 100% Fruit Juice White Milk	18 <b>Grape Crescent</b> 100% Fruit Juice White Milk  <b>Spaghetti &amp; Meatballs</b> Roasted Carrots Sliced Apples White Milk	19 <b>Apple Bosco Stick</b> Diced Peaches White Milk  <b>Country Popcorn Chicken Bowl</b> Green Beans Mandarin Oranges White Milk	20 <b>Cereal</b> Elf Grahams Applesauce White Milk  <b>Cheese Pizza</b> Baked Beans Pears White Milk	21 <b>Winter Break</b>	
	(5)	24 <b>Winter Break</b>	25 <b>Winter Break</b>	26 <b>Winter Break</b>	27 <b>Winter Break</b>	28 <b>Winter Break</b>
(1)	31 <b>Winter Break</b>					

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

**Breakfast Prices:** Full Priced: \$1.25  
 Reduced: \$.30  
 BIC Sites: Free

Menus are subject to change without notice.

**Milk**  
 1% White

\*May contain pork  
 \*\*Chicken Ham