



November 2018

HIGH SCHOOL LUNCH MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<p>(2) Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>		<p>1 Chicken Parmesan Melt Asian Bar Assorted Entrée Salad Dinner Roll Campfire Chipotle Beans Baby Carrots Assorted Fruits</p>		<p>2 Spicy Popcorn Chicken Bowl Assorted Entrée Salad Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits</p>		<p>What is a Reimbursable Lunch? Must choose 3 components with one being ½ cup fruit or vegetable.</p> <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Vegetable 4. Meat/Meat Alternate 5. Milk-1%, Skim <p>Offered Daily: *Featured Entrée *Featured Salad *Esta Fiesta Bar Beans & Rice *Featured Deli Selections: Variety of Deli Sandwiches PB&J Sandwiches Pretzel, Yogurt & Cheese Packs *Featured Pizza Selections Cheese Pizza Pepperoni Pizza* Calzones & Stromboli* Manager's Special *Featured Grill Selections: Cheeseburger, Grilled Chicken Sandwich Breaded Chicken Sandwich *Breadstick or Pretzels *Assorted Juice *Assorted Milk 1% White, 1%Chocolate Skim: Vanilla, Strawberry Additional Weekly Grill Options: Spicy Chicken Sandwich Popcorn Chicken Chicken Tenders Hot Dog PRICES Lunch: \$2.90 Reduced: \$0.40</p>
<p>Fuel Fuel Item Nov 7-9 – Fiery Cheetos Mac N Cheese Fuel Item Nov 12-16 – Swt & Spicy Chili Doritos Mac N Cheese</p>		<p>3 National Nacho Day! 7 Nacho Chz Walking Taco Assorted Entrée Salad Dinner Roll Fresh Broccoli Red Pepper Strips Assorted Fruits</p>		<p>8 Asian Bar Assorted Entrée Salad Dinner Roll Black Charro Beans Garden Salad Assorted Fruits</p>		
<p>5 No School *May contain pork ingredients</p>		<p>6 No School</p>		<p>9 Ranch Chix & Chz Panini Assorted Entrée Salad Dinner Roll Swt Potato Bites Fresh Zucchini Assorted Fruits</p>		
<p>12 Country Popcorn Chix Bowl Assorted Entrée Salad Cheese Pizza Dinner Roll/ Gravy Mashed Potatoes Corn Assorted Fruits</p>		<p>13 Pasta Bar Assorted Entrée Salad Dinner Roll Baby Carrots Green Peas Assorted Fruits</p>		<p>14 Breaded Chix Drumstick Assorted Entrée Salad Dinner Roll Gravy Mashed Potatoes Green Beans Assorted Fruits</p>		
<p>15 Global Flavors Asian Bar Assorted Entrée Salad Dinner Roll Pinto Kickin Beans Baby Carrots Assorted Fruits</p>		<p>16 Wing Bar Assorted Entrée Salad Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits</p>				
<p>19 Salisbury Steak Assorted Entrée Salad Dinner Roll/Gravy Mashed Potatoes Fresh Broccoli Assorted Fruits</p>		<p>20 Thanksgiving!!! Oven Rst Turkey Assorted Entrée Salad Stuffing Dinner Roll/Gravy Green Beans/Maple Mashed Swt Potatoes Assorted Fruits</p>		<p>21 Thanksgiving Break</p>		
<p>22 Thanksgiving Break</p>		<p>23 Thanksgiving Break</p>				
<p>26 Wing Bar Assorted Entree Salad Dinner Roll Orange Glazed Carrots Fresh Zucchini Assorted Fruits</p>		<p>27 Pasta Bar Assorted Entrée Salad Dinner Roll Green Beans Red Pepper Strips Assorted Fruits</p>		<p>28 Oven Rst Drumstick Assorted Entrée Salad Dinner Roll/ Gravy Mashed Potatoes Fresh Broccoli Assorted Fruits</p>		
<p>29 Asian Bar Assorted Entrée Salad Dinner Roll Baked Beans Steamed Spinach Baby Carrots Assorted Fruits</p>		<p>30 Country Popcorn Chicken Bowl Assorted Entrée Salad Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits</p>				

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

