



November 2018

HIGH SCHOOL Non-BIC BREAKFAST MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

(2)	<p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>				<p>1 MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>2 Chocolate Crescent Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>What is a Reimbursable Breakfast?</p> <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. <p>Must choose 3 items with one being ½ cup fruit</p> <p>Offered Daily:</p> <ul style="list-style-type: none"> *Biscuits & Gravy *Mini Donut Holes *Graham Crackers *Assorted Cereals *Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry <p>Pick 2 Items: String Cheese Eggs Yogurt Asst Muffins Pop Tarts Granola Bars Biscuits Asst Crackers Asst Cereal</p> <p>*May contain pork **Chicken Ham</p> <p>Breakfast: \$1.30 Reduced: \$0.30 BIC Sites: Free</p>
	(3)	<p>5 No School</p>	<p>6 No School</p>	<p>7 Sausage & Chz Biscuit* Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>8 Cheesy Cham** & Egg Pancake Panini MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>9 Sausage Breakfast Pizza* Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	
(4)	<p>12 Cheesy Egg Breakfast Burger Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>13 Chz & Chix Sausage Quesadilla* MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>14 Apple Bosco Sticks Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>15 Egg & Chz English Muffin MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>16 Sausage & Chz English Muffin* Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>		
(5)	<p>19 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>20 Cheesy Cham** & Egg Pancake Panini MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>21 Thanksgiving Break</p>	<p>22 Thanksgiving Break</p>	<p>23 Thanksgiving Break</p>		
(1)	<p>26 Cheesy Sausage & Egg Breakfast* Burrito Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>27 Country Chix & Chz English Muffin MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>28 National French Toast Day! French Toast Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>29 MTO Br Sandwich Bar Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>	<p>30 Cheese Bosco Sticks Pick 2 Breakfast Assorted Cereal Assorted Fruits</p>		

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

