



November 2018

K8 BIC Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>			<p>1 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Craisins Assorted Juice Assorted Milk</p>	<p>2 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk</p>	<p>More Info...</p> <p>What is a Reimbursable Breakfast?</p> <p>Must choose 3 items with one being ½ cup fruit</p> <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. <p>*Assorted Milk 1% White 1% Chocolate</p> <p>BIC: Free to all students in participating buildings</p> <p>*May contain pork</p> <p>Menus are subject to change without notice.</p>
<p>5 No School</p>	<p>6 No School</p>	<p>7 A: Mini Cinnamon Creamy Cheese Bagel B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk</p>	<p>8 A: Sausage Breakfast Pizza* B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk</p>	<p>9 A: Cinnamon French Toast B: Assorted Cereal C: Elf Grahams D: Apple Slices Assorted Juice Assorted Milk</p>	
<p>12 A: Maple Mini Pancakes B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk</p>	<p>13 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk</p>	<p>14 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Peach Applesauce Assorted Juice Assorted Milk</p>	<p>15 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk</p>	<p>16 A: Cheese Bosco Stick B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk</p>	
<p>19 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Sliced Apples Assorted Juice Assorted Milk</p>	<p>20 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk</p>	<p>21 Thanksgiving Break National French Toast Day!</p>	<p>22 Thanksgiving Break</p>	<p>23 Thanksgiving Break</p>	
<p>26 A: Cinnamon UBR B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk</p>	<p>27 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk</p>	<p>28 A: Cinnamon French Toast B: Assorted Cereal C: Elf Grahams D: Sliced Apples Assorted Juice Assorted Milk</p>	<p>29 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk</p>	<p>30 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk</p>	

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."