



November 2018

Discovery-Phelps-OTC BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(2)				1 Cheese Bosco Sticks Assorted Cereal Assorted Fruits	2 Chocolate Crescent Assorted Cereal Assorted Fruits	What is a Reimbursable Breakfast? 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. Must choose 3 items with one being ½ cup fruit *Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry Breakfast: \$1.30 Reduced: \$0.30 BIC Sites: Free *May contain pork **Chicken Ham
(3)	5 No School	6 No School	7 Sausage & Chz Biscuit* Assorted Cereal Assorted Fruits	8 Cheesy Cham** & Egg Pancake Panini Assorted Cereal Assorted Fruits	9 Sausage Breakfast Pizza* Assorted Cereal Assorted Fruits	
(4)	12 Cheesy Egg Breakfast Burger Assorted Cereal Assorted Fruits	13 Chz & Chix Sausage Quesadilla* Assorted Cereal Assorted Fruits	14 Apple Bosco Sticks Assorted Cereal Assorted Fruits	15 Egg & Chz English Muffin Assorted Cereal Assorted Fruits	16 Sausage & Chz English Muffin* Assorted Cereal Assorted Fruits	
(5)	19 Country Chicken Biscuit Assorted Cereal Assorted Fruits	20 Cheesy Cham** & Egg Pancake Panini Assorted Cereal Assorted Fruits	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	
(1)	26 Cheesy Sausage & Egg Breakfast* Burrito Assorted Cereal Assorted Fruits	27 Country Chix & Chz English Muffin Assorted Cereal Assorted Fruits	28 French Toast Assorted Cereal Assorted Fruits	29 Sausage & Chz English Muffin* Assorted Cereal Assorted Fruits	30 Cheese Bosco Sticks Assorted Cereal Assorted Fruits	

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

