



November 2018

Discovery-Phelps-OTC LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(2)				1 Chicken Parmesan Melt Fish Patty Sandwich Campfire Chipotle Beans Baby Carrots Assorted Fruits	2 Spicy Popcorn Chicken Bowl Cheeseburger Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits	What is a Reimbursable Lunch? Must choose 3 components with one being ½ cup fruit or vegetable. 1. Whole Grain 2. Fruit 3. Vegetable 4. Meat/Meat Alternate 5. Milk-1%, Skim PRICES Lunch: \$2.90 Reduced: \$0.40
(3)	5 No School	6 No School	7 Nacho Chz Walking Taco Cheeseburger Dinner Roll Swt Potato Bites Fresh Zucchini Assorted Fruits	8 Asian Bar Spicy Chicken Sandwich Black Charro Beans Garden Salad Assorted Fruits	9 Ranch Chix & Chz Panini Pepperoni Pizza Fresh Broccoli Tater Bites Assorted Fruits	
(4)	12 Country Popcorn Chix Bowl Cheeseburger Dinner Roll/ Gravy Mashed Potatoes Corn Assorted Fruits	13 Pasta Bar Hot Dog on Bun Baby Carrots Green Peas Assorted Fruits	14 Breaded Chix Drumstick Grilled Chix Sandwich Dinner Roll Gravy Mashed Potatoes Green Beans Assorted Fruits	15 Meatball Sub Chicken Patty Sandwich Pinto Kickin Beans Baby Carrots Assorted Fruits	16 Wing Bar Cheeseburger Steamed Broccoli Red Pepper Strips Assorted Fruits	
(5)	19 Salisbury Steak Beef Nachos Dinner Roll/Gravy Mashed Potatoes Fresh Broccoli Assorted Fruits	20 Oven Rst Turkey Chicken Patty Sandwich Stuffing Dinner Roll/Gravy Green Beans/Maple Mashed Swt Potatoes Assorted Fruits	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	
(1)	26 Wing Bar Chicken Patty Sandwich Orange Glazed Carrots Fresh Zucchini Assorted Fruits	27 Pasta Bar Cheeseburger Green Beans Red Pepper Strips Assorted Fruits	28 Oven Rst Drumstick Hot Dog on Bun Dinner Roll/ Gravy Mashed Potatoes Fresh Broccoli Assorted Fruits	29 Grilled Chix Sandwich Cheeseburger Baked Beans Steamed Spinach Baby Carrots Assorted Fruits	30 Country Popcorn Chicken Bowl Fish Patty Sandwich Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits	

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

