



April 2019

K8 Lunch Menu

Fuel – MS ONLY
Fuel Item April 8-12: Enchilada Stacker
Fuel Item April 15-18: Southwest Stacker

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 (4) Breaded Chix Drumstick Ham Chef Salad** PB&J Sandwich Dinner Roll Steamed Zucchini Fresh Tomato Wedges Assorted Fruits	2 PB&J Day Pizza Chix Meatball Sub Chix Caesar Salad PB&J Sandwich Dinner Roll Steamed Carrots Green Peas Assorted Fruits	3 Country Chix Nugget Bowl Egg Chef Salad PB&J Sandwich Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits	4 Teriyaki Chix w. Vegetables Popcorn Chix Salad PB&J Sandwich Plain Rice Dinner Roll Pinto Kickin Beans Baby Carrots Assorted Fruits	5 Pepperoni or Cheese Pizza* Fish Sticks PB&J Sandwich Dinner Roll Steamed Broccoli Fresh Cucumber Slices Assorted Fruits	More Info... Offered Daily to MS students: *Featured Entrée *Featured Salad *Featured Deli Selections: Variety of Deli Sandwiches PB&J Sandwiches Pretzel, Yogurt & Cheese Packs *Featured Pizza Selections Cheese Pizza Pepperoni Pizza* Make Your Own Bagel Pizza Manager's Special *Featured Grill Selections: Cheeseburger, Grilled Chicken Sandwich Breaded Chicken Sandwich *Breadstick or Pretzels *Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry Additional Weekly Grill Options: Spicy Chicken Sandwich Popcorn Chicken Chicken Tenders Hot Dog *May contain pork **Chicken Ham Lunch Prices MS/ES: Full Priced: \$2.90/\$2.65 Reduced: \$.40/\$.40 Menus are subject to change without notice.
8 (5) Beef Soft Tacos Egg Chef Salad PB&J Sandwich Dinner Roll Black Beans Side Salad Baby Carrots Assorted Fruits	9 Swt & Sour Popcorn Chix w. Broccoli Popcorn Chix Salad PB&J Sandwich Dinner Roll/Plain Rice Roasted Mixed Vegetables Red Pepper Strips Assorted Fruits	10 Chix Fajitas Ranch Chix Salad PB&J Sandwich Dinner Roll Swt Potato Fries Fresh Zucchini Assorted Fruits	11 Breaded Fish Melt Ham Chef Salad** PB&J Sandwich Dinner Roll Charro Beans Green Beans Assorted Fruits	12 National Grilled Chz Day Pepperoni or Cheese Pizza* Grilled Chz Sandwich PB&J Sandwich Dinner Roll Steamed Spinach Tomato & Cucumber Salad Assorted Fruits	
15 (1) Buffalo Chix Drumstick PB&J Sandwich Dinner Roll/Gravy Mashed Potatoes Fresh Broccoli Assorted Fruits	16 Chix Parmesan Spaghetti PB&J Sandwich Cheeseburger Breadstick Green Beans Red Pepper Strips Assorted Fruits	17 Broccoli & Chz Baked Potato Ham Chef Salad** PB&J Sandwich Dinner Roll Orange Glazed Carrots Corn Assorted Fruits	18 Spring Fling Country Chix Nugget Bowl BBQ Pork Sandwich* PB&J Sandwich Dinner Roll Baked Beans Mashed Potatoes Baby Carrots Assorted Fruits	19 No School	
22 (2) Fish Sticks Egg Chef Salad PB&J Sandwich Dinner Roll Sliced Carrots Fresh Tomato Wedges Assorted Fruits	23 Lasagna Popcorn Chix Salad PB&J Sandwich Dinner Roll Side Salad Fresh Cucumber Slices Assorted Fruits	24 Salisbury Steak Chicken Caesar Salad PB&J Sandwich Dinner Roll Mashed Potatoes Green Beans Assorted Fruits	25 Chix Parmesan Sub Turkey Chef Salad PB&J Sandwich Dinner Roll Campfire Chipotle Beans Red Pepper Strips Assorted Fruits	26 National Pretzel Day Pepperoni or Cheese Pizza* Chicken & Chz Salad PB&J Sandwich Pretzels Steamed Broccoli Baby Carrots Assorted Fruits	
29 (3) Nacho Chz Walking Taco Egg Chef Salad PB&J Sandwich Dinner Roll Corn Baby Carrots Assorted Fruits	30 Chix & Maple Syrup Waffle Breaded Buffalo Chix Salad PB&J Sandwich Dinner Roll Green Beans Red Pepper Strips Assorted Fruits	Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.			

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

What is a Reimbursable Lunch?
 Must choose 3 components with one being ½ cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

