



April 2019

Phelps/OTC/Discovery BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
(4)	1 Cheesy Egg Breakfast Burger Assorted Cereal Assorted Fruits	2 Chz & Sausage Quesadilla*** Assorted Cereal Assorted Fruits	3 Apple Bosco Sticks Assorted Cereal Assorted Fruits	4 Egg & Chz English Muffin Assorted Cereal Assorted Fruits	5 Sausage & Chz English Muffin*** Assorted Cereal Assorted Fruits	What is a Reimbursable Breakfast? 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. Must choose 3 items with one being ½ cup fruit Offered Daily: *Assorted Cereals *Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry *May contain pork **Chicken Ham ***Chicken Sausage Breakfast: \$1.30 Reduced: \$0.30 BIC Sites: Free	
(5)	8 Country Chicken Biscuit Assorted Cereal Assorted Fruits	9 Cheesy Ham & Egg Pancake Panini** Assorted Cereal Assorted Fruits	10 Cheese Bosco Sticks Assorted Cereal Assorted Fruits	11 Sausage & Chz English Muffin*** Assorted Cereal Assorted Fruits	12 Sausage Breakfast Pizza* Assorted Cereal Assorted Fruits		
(1)	15 Confetti Pancakes Assorted Cereal Assorted Fruits	16 Country Chix & Chz English Muffin Assorted Cereal Assorted Fruits	17 French Toast Assorted Cereal Assorted Fruits	18 Sausage & Chz English Muffin*** Assorted Cereal Assorted Fruits	19 No School		
(2)	22 Sausage, Egg & Cheese Bagel*** Assorted Cereal Assorted Fruits	23 Chz & Sausage Quesadilla*** Assorted Cereal Assorted Fruits	24 Dutch Waffle Assorted Cereal Assorted Fruits	25 Egg & Chz English Muffin Assorted Cereal Assorted Fruits	26 Blueberry Muffin Loaf Assorted Cereal Assorted Fruits		
(3)	29 Apple Frudel Pick 2 Breakfast Assorted Cereal Assorted Fruits	30 Sausage & Cheese English Muffin*** Assorted Cereal Assorted Fruits	Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.				

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Menus are subject to change without notice.

"This institution is an equal opportunity provider."

