



February 2019

HIGH SCHOOL LUNCH MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Mag Day

Job Opportunity
Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.

Fuel
Fuel Item Feb 4-8: Breakfast Burrito
Fuel Item Feb 11-15: Watchos

Wing Bar
Assorted Entrée Salad
Dinner Roll
Steamed Spinach
Baby Carrots
Assorted Fruits

What is a Reimbursable Lunch?
Must choose 3 components with one being 1/2 cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

4
Buffalo Chix Drumstick
Assorted Entrée Salad
Dinner Roll/ Gravy
Mashed Potatoes
Fresh Broccoli
Assorted Fruits

5
Pasta Bar
Assorted Entrée Salad
Dinner Roll
Green Beans
Red Pepper Strips
Assorted Fruits

6
Broccoli & Chz Baked Potato
Assorted Entrée Salad
Dinner Roll
Orange Glazed Carrots
Fresh Zucchini
Assorted Fruits

7
Asian Bar
Assorted Entrée Salad
Dinner Roll/ Gravy
Baked Beans
Mashed Potatoes
Corn
Assorted Fruits

8
Country Popcorn
Chicken Bowl
Fish Patty Sandwich
Assorted Entrée Salad
Dinner Roll
Steamed Spinach
Baby Carrots
Assorted Fruits

11
Fish Sticks
Assorted Entrée Salad
Dinner Roll
French Fries
Fresh Tomato Wedges
Assorted Fruits

12
Pasta Bar
Assorted Entrée Salad
Dinner Roll/ Gravy
Mashed Potatoes
Fresh Cucumber Slices
Assorted Fruits

13
Beef Ravioli
Assorted Entrée Salad
Dinner Roll
Maple Sweet Potatoes
Garden Salad
Assorted Fruits

14 **Valentine's Day!**
Chili & Cinnamon Rolls
Asian Bar
Assorted Entrée Salad
Dinner Roll
Campfire Chipotle Beans
Baby Carrots
Assorted Fruits

15
Spicy Popcorn
Chicken Bowl
Assorted Entrée Salad
Dinner Roll
Steamed Broccoli
Red Pepper Strips
Assorted Fruits

18
President's Day

19
Salisbury Steak
Pasta Bar
Assorted Entrée Salad
Dinner Roll/Gravy
Green Beans
Mashed Potatoes
Assorted Fruit Bar

20
Nacho Chz Walking Taco
Assorted Entrée Salad
Dinner Roll
Swt Potato Bites
Fresh Zucchini
Assorted Fruit Bar

21
Asian Bar
Assorted Entrée Salad
Dinner Roll
Black Charro Beans
Garden Salad
Assorted Fruits

22 **Pizza Pie Day**
Ham & Pineapple Pizza*
Assorted Entrée Salad
Dinner Roll
Fresh Broccoli
Red Pepper Strips
Assorted Fruit Bar

25
Breaded Chix Drumstick
Assorted Entrée Salad
Dinner Roll
Gravy
Mashed Potatoes
Green Beans
Assorted Fruit Bar

26 **National Strawberry Day**
Pasta Bar
Assorted Entrée Salad
Dinner Roll
Fresh Roasted Carrots
Green Peas
Assorted Fruits

27
Country Chix Nugget Bowl
Assorted Entrée Salad
Cheese Pizza
Dinner Roll/ Gravy
Mashed Potatoes
Corn
Assorted Fruits

28
Asian Bar
Chix Nacho Salad
Assorted Entrée Salad
Dinner Roll
Pinto Kickin Beans
Baby Carrots
Assorted Fruits

Offered Daily:
*Featured Entrée
*Featured Salad
*Esta Fiesta Bar
Beans & Rice
*Featured Deli
Selections:
Variety of Deli Sandwiches
PB&J Sandwiches
Pretzel, Yogurt & Cheese Packs
*Featured Pizza
Selections
Cheese Pizza
Pepperoni Pizza*
Calzones & Stromboli*
Manager's Special
*Featured Grill
Selections:
Cheeseburger, Grilled Chicken Sandwich
Breaded Chicken Sandwich
*Breadstick or Pretzels
*Assorted Juice
*Assorted Milk
1% White, 1%Chocolate Skim: Vanilla, Strawberry
Additional Weekly Grill Options:
Spicy Chicken Sandwich
Popcorn Chicken
Chicken Tenders
Hot Dog
PRICES
Lunch: \$2.90
Reduced: \$0.40

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

