



February 2019

K8 Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(5)	<p style="text-align: center;">Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>				<p>1 Chocolate Crescent Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk</p>
(1)	<p>4 Confetti Pancakes Pick 2 Breakfast Assorted Cereal Elf Grahams Sliced Apples Assorted Juice Assorted Milk</p>	<p>5 Country Chix & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk</p>	<p>6 National Cereal Day! Egg, Cham** & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk</p>	<p>7 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk</p>	<p>8 Cheese Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk</p>
(2)	<p>11 Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk</p>	<p>12 Glazed Cinnamon Roll Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk</p>	<p>13 Sausage Breakfast Pizza* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk</p>	<p>14 Cheesy Cham** Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Raisins Assorted Juice Assorted Milk</p>	<p>15 Blueberry Muffin Loaf Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Peaches Assorted Juice Assorted Milk</p>
(3)	<p>18 President's Day</p>	<p>19 Breakfast Pancake Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk</p>	<p>20 CSausage & Chz English Muffin* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk</p>	<p>21 Chicken Ham** & Chz Bagel Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk</p>	<p>22 Cinnamon French Toast Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk</p>
(4)	<p>25 Mini Cinnamon Creamy Cheese Bagels Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk</p>	<p>26 Grape Crescent Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk</p>	<p>27 Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk</p>	<p>28 Egg, Bacon & Chz Flatbread Sandwich* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk</p>	

More Info...

What is a Reimbursable Breakfast?

1. Whole Grain
2. Fruit
3. Milk-1%, Skim
4. Additional Item: Grain or Meat/Meat Alt.

Must choose 3 items with one being ½ cup fruit

Offered Daily:

*Assorted Juice

*Assorted Milk
 1% White,
 1% Chocolate
 Skim: Vanilla,
 Strawberry

Pick 2 Items (MS ONLY):
 String Cheese
 Eggs
 Yogurt
 Asst Muffins
 Pop Tarts
 Granola Bars
 Biscuits
 Asst Crackers
 Asst Cereal

Breakfast Prices:
 Full Priced: \$1.30
 Reduced: \$.30

*May contain pork
 **Chicken Ham

Menus are subject to change without notice.

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."