



# February 2019

## MS BIC Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Job Opportunity</b>  <b>Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</b></p>				<p><b>1</b>            A: Chocolate Crescent            B: Assorted Cereal            C: Elf Grahams            D: Pears             Assorted Juice            Assorted Milk</p>
<p><b>4</b>            A: Confetti Pancakes            B: Assorted Cereal            C: Elf Grahams            D: Sliced Apples             Assorted Juice            Assorted Milk</p>	<p><b>5</b>            A: Assorted Yogurt            B: Assorted Cereal            C: Elf Grahams            D: Fresh Orange             Assorted Juice            Assorted Milk</p>	<p><b>National Cereal Day!</b></p>	<p><b>7</b>            A: Country Chicken Biscuit            B: Assorted Cereal            C: Elf Grahams            D: Banana             Assorted Juice            Assorted Milk</p>	<p><b>8</b>            A: Apple Bosco Stick            B: Assorted Cereal            C: Elf Grahams            D: Frozen Peach Cup             Assorted Juice            Assorted Milk</p>
<p><b>11</b>            A: Maple Madness Waffle            B: Assorted Cereal            C: Elf Grahams            D: Pears             Assorted Juice            Assorted Milk</p>	<p><b>12</b>            A: Cinni Mini's            B: Assorted Cereal            C: Elf Grahams            D: Fruit Mix             Assorted Juice            Assorted Milk</p>	<p><b>13</b>            A: Assorted Yogurt            B: Assorted Cereal            C: Elf Grahams            D: Orange             Assorted Juice            Assorted Milk</p>	<p><b>14</b>            A: Grape Crescent            B: Assorted Cereal            C: Elf Grahams            D: Craisins             Assorted Juice            Assorted Milk</p>	<p><b>15</b>            A: Blueberry Muffin Loaf            B: Assorted Cereal            C: Elf Grahams            D: Frozen Strawberry Cup             Assorted Juice            Assorted Milk</p>
<p><b>18</b>  <b>President's Day</b></p>	<p><b>19</b>            A: Mini Cinnamon Creamy Cheese Bagel            B: Assorted Cereal            C: Elf Grahams            D: Peaches             Assorted Juice            Assorted Milk</p>	<p><b>20</b>            A: Blueberry Loaf            B: Assorted Cereal            C: Elf Grahams            D: Applesauce             Assorted Juice            Assorted Milk</p>	<p><b>21</b>            A: Sausage Breakfast Pizza*            B: Assorted Cereal            C: Elf Grahams            D: Banana             Assorted Juice            Assorted Milk</p>	<p><b>22</b>            A: Cinnamon French Toast            B: Assorted Cereal            C: Elf Grahams            D: Apple Slices             Assorted Juice            Assorted Milk</p>
<p><b>25</b>            A: Maple Mini Pancakes            B: Assorted Cereal            C: Elf Grahams            D: Applesauce             Assorted Juice            Assorted Milk</p>	<p><b>26</b>            A: Grape Crescent            B: Assorted Cereal            C: Elf Grahams            D: Fresh Orange             Assorted Juice            Assorted Milk</p>	<p><b>27</b>            A: Assorted Yogurt            B: Assorted Cereal            C: Elf Grahams            D: Peach Applesauce             Assorted Juice            Assorted Milk</p>	<p><b>28</b>            A: Benefit Bar            B: Assorted Cereal            C: Elf Grahams            D: Frozen Peach Cup             Assorted Juice            Assorted Milk</p>	

### More Info...

#### What is a Reimbursable Breakfast?

**Must choose 3 items with one being ½ cup fruit**

1. **Whole Grain**
2. **Fruit**
3. **Milk-1%, Skim**
4. **Additional Item: Grain or Meat/Meat Alt.**

\*Assorted Milk  
 1% White  
 1% Chocolate

**BIC:**  
 Free to all students in participating buildings

\*May contain pork

Menus are subject to change without notice.

**Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."**

### Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."