February 2019

Phelps/OTC/Discovery BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(5)	**Job Opportunity** **Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.**				**1** Sausage Breakfast Pizza* Assorted Cereal Assorted Fruits
(1)	**4** Confetti Pancakes Assorted Cereal Assorted Fruits	**5** Country Chix & Chz English Muffin Assorted Cereal Assorted Fruits	**6** **National Cereal Day!** French Toast Assorted Cereal Assorted Fruits	**7** Sausage & Chz English Muffin* Assorted Cereal Assorted Fruits	**8** Cheese Bosco Sticks Assorted Cereal Assorted Fruits
(2)	**11** Sausage, Egg & Cheese Bagel* Assorted Cereal Assorted Fruits	**12** Chz & Chix Sausage Quesadilla* Assorted Cereal Assorted Fruits	**13** Dutch Waffle Assorted Cereal Assorted Fruits	**14** Egg Muffin Assorted Cereal Assorted Fruits & Chz English	**15** Blueberry Muffin Loaf Assorted Cereal Assorted Fruits
(3)	**18** President's Day	**19** Sausage & Cheese English Muffin* Assorted Cereal Assorted Fruits	**20** Sausage & Chz Biscuit* Assorted Cereal Assorted Fruits	**21** Cheesy Cham** & Egg Pancake Panini Assorted Cereal Assorted Fruits	**22** Sausage Breakfast Pizza* Assorted Cereal Assorted Fruits
(4)	**25** Cheesy Egg Breakfast Burger Assorted Cereal Assorted Fruits	**26** Chz & Chix Sausage Quesadilla* Assorted Cereal Assorted Fruits	**27** Apple Bosco Sticks Assorted Cereal Assorted Fruits	**28** Egg & Chz English Muffin Assorted Cereal Assorted Fruits	

What is a Reimbursable Breakfast?

1. **Whole Grain**
2. **Fruit**
3. **Milk-1%, Skim**
4. **Additional Item: Grain or Meat/Meat Alt.**

Must choose 3 items with one being ½ cup fruit

Offered Daily:

***Assorted Cereals**

***Assorted Juice**

***Assorted Milk**
1% White,
1% Chocolate
Skim: Vanilla, Strawberry

*May contain pork
**Chicken Ham

Breakfast: $1.30
Reduced: $0.30
BIC Sites: Free

Vision: "Deliver experiences that enrich and nourish lives."

u.b.u. lounge

Free and Reduced Meal Applications can be filled out online at https://frapps.horizonsolana.com/SPRR01 or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

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