



February 2019

Discovery-Phelps-OTC LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

(5)

1
Nacho Chz Walking Taco
Cheese Pizza
Steamed Spinach
Baby Carrots
Assorted Fruits

What is a Reimbursable Lunch?
Must choose 3 components with one being ½ cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

(1)

4
Oven Rst Drumstick
Hot Dog on Bun
Dinner Roll/ Gravy
Mashed Potatoes
Fresh Broccoli
Assorted Fruits

5
Pasta Bar
Cheeseburger
Green Beans
Red Pepper Strips
Assorted Fruits

6
Wing Bar
Chicken Patty Sandwich
Orange Glazed Carrots
Fresh Zucchini
Assorted Fruits

7
Grilled Chix Sandwich
Cheeseburger
Baked Beans
Steamed Spinach
Sweet Potato Bites
Assorted Fruits

8
Country Popcorn
Chicken Bowl
Fish Patty Sandwich
Dinner Roll/Gravy
Mashed Potatoes
Corn
Assorted Fruits

PRICES
Lunch: \$2.90
Reduced: \$0.40

(2)

11
Wing Bar
Hot Dog on Bun
Dinner Roll
French Fries
Steamed Carrots
Assorted Fruits

12
Pasta Bar
Chicken Patty Sandwich
Steamed Broccoli
Fresh Cucumber Slices
Assorted Fruits

13
Salisbury Steak
Grilled Chix Sandwich
Dinner Roll
Mashed Potatoes
Green Beans
Assorted Fruits

14
Chili & Cinnamon Rolls
Fish Patty Sandwich
Campfire Chipotle Beans
Baby Carrots
Assorted Fruits

15
Spicy Popcorn
Chicken Bowl
Cheeseburger
Dinner Roll
Steamed Broccoli
Red Pepper Strips
Assorted Fruits

(3)

18
President's Day

19
Corn Dog
Pasta Bar
Dinner Roll
Green Beans
Fresh Cucumber Slices
Assorted Fruit Bar

20
Nacho Chz Walking Taco
Cheeseburger
Dinner Roll
Fresh Broccoli
Red Pepper Strips
Assorted Fruits

21
Asian Bar
Spicy Chicken Sandwich
Black Charro Beans
Garden Salad
Assorted Fruits

22
Ranch Chix & Chz Panini
Pepperoni Pizza
Sweet Potato Bites
Fresh Zucchini
Assorted Fruits

(4)

25
Breaded Chix Drumstick
Grilled Chix Sandwich
Dinner Roll
Gravy
Mashed Potatoes
Green Beans
Assorted Fruit Bar

26
Pasta Bar
Hot Dog on Bun
Baby Carrots
Green Peas
Assorted Fruits

27
Country Chix Nugget Bowl
Cheeseburger
Dinner Roll/ Gravy
Mashed Potatoes
Corn
Assorted Fruits

28
Meatball Sub
Chicken Patty Sandwich
Pinto Kickin Beans
Baby Carrots
Assorted Fruits

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Menus are subject to change without notice.

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