



February 2019

Study BIC Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>				<p>1 A: Chocolate Crescent B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk</p>	<p>More Info...</p> <p>What is a Reimbursable Breakfast?</p> <p>Must choose 3 items with one being ½ cup fruit</p> <ol style="list-style-type: none"> Whole Grain Fruit Milk-1%, Skim Additional Item: Grain or Meat/Meat Alt. <p>*Assorted Milk 1% White 1% Chocolate</p> <p>BIC: Free to all students in participating buildings</p> <p>*May contain pork</p> <p>Menus are subject to change without notice.</p>
<p>4 A: Confetti Pancakes B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk</p>	<p>5 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk</p>	<p>6 National Cereal Day!</p>	<p>7 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Applesauce Cup Assorted Juice Assorted Milk</p>	<p>8 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Frozen Peach Cup Assorted Juice Assorted Milk</p>	
<p>11 A: Maple Madness Waffle B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk</p>	<p>12 A: Cinni Mini's B: Assorted Cereal C: Elf Grahams D: Fruit Mix Assorted Juice Assorted Milk</p>	<p>13 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Orange Assorted Juice Assorted Milk</p>	<p>14 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Craisins Assorted Juice Assorted Milk</p>	<p>15 A: Blueberry Muffin Loaf B: Assorted Cereal C: Elf Grahams D: Frozen Strawberry Cup Assorted Juice Assorted Milk</p>	
<p>18 President's Day</p>	<p>19 A: Mini Cinnamon Creamy Cheese Bagel B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk</p>	<p>20 A: Breakfast Pancake Stick B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk</p>	<p>21 A: Sausage Breakfast Pizza* B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk</p>	<p>22 A: Cinnamon French Toast B: Assorted Cereal C: Elf Grahams D: Apple Slices Assorted Juice Assorted Milk</p>	
<p>28 A: Maple Mini Pancakes B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk</p>	<p>29 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk</p>	<p>30 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Peach Applesauce Assorted Juice Assorted Milk</p>	<p>31 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Frozen Peach Cup Assorted Juice Assorted Milk</p>		

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."