



# January

2019

## CHOICE BREAKFAST MENU

**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**

(1)

**1**  
No School

**2**  
No School

**3**  
Apple Frudel  
Elf Grahams  
Assorted Cereal  
Fresh Orange

**4**  
Mini Strawberry  
Creamy Cheese Bagel  
Elf Grahams  
Assorted Cereal  
Peach Fruit Cup

**Job Opportunity**  
Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.

(2)

**7**  
Benefit Bar  
Elf Grahams  
Assorted Cereal  
Applesauce Cup

**8**  
Country Chicken  
Biscuit  
Elf Grahams  
Assorted Cereal  
Banana

**9**  
Chocolate UBR  
Round  
Elf Grahams  
Assorted Cereal  
Apple Slices

**10**  
Cinni Mini's  
Elf Grahams  
Assorted Cereal  
Fresh Orange

**11**  
Mini Strawberry  
Creamy Cheese  
Bagel  
Elf Grahams  
Assorted Cereal  
Fresh Apple

(3)

**14**  
Apple Frudel  
Elf Grahams  
Assorted Cereal  
Sliced Apples

**15**  
Sausage  
Breakfast Pizza  
Elf Grahams  
Assorted Cereal  
Banana

**16**  
Cinnamon UBR  
Round  
Elf Grahams  
Assorted Cereal  
Applesauce Cup

**17**  
Grape Crescent  
Elf Grahams  
Assorted Cereal  
Fresh Orange

**18**  
Cherry Frudel  
Elf Grahams  
Assorted Cereal  
Fresh Apple

(4)

**21**  
MLK Jr. Day

**22**  
Blueberry Loaf  
Elf Grahams  
Assorted Cereal  
Banana

**23**  
Cheese Bosco Stick  
Elf Grahams  
Assorted Cereal  
Applesauce Cup

**24**  
Chocolate Crescent  
Elf Grahams  
Assorted Cereal  
Fresh Orange

**25**  
Benefit Bar  
Elf Grahams  
Assorted Cereal  
Fresh Apple

(5)

**28**  
Cinni Mini's  
Elf Grahams  
Assorted Cereal  
Apple Slices

**29**  
Egg, Cheese & Tky  
Bacon Bosco Stick  
Elf Grahams  
Assorted Cereal  
Fresh Orange

**30**  
Apple Frudel  
Elf Grahams  
Assorted Cereal  
Applesauce Cup

**31**  
Cinnamon French  
Toast  
Elf Grahams  
Assorted Cereal  
Banana

**What is a Reimbursable Breakfast?**

**Must choose 3 items with one being ½ cup fruit**

1. Whole Grain
2. Fruit
3. Milk-1%, Skim
4. Additional Item: Grain or Meat/Meat Alt.

\*Assorted Juice  
\*Assorted Milk  
1% White,  
1% Chocolate

\*May contain pork  
\*\*Chicken Ham

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Menus are subject to change without notice.

"This institution is an equal opportunity provider."

