



January

2019

CHOICE LUNCH MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

	1 No School	2 No School	3 Asian Bar Grilled Chicken Sandwich Baked Beans Steamed Spinach Baby Carrots Assorted Fruits	4 Country Popcorn Chicken Bowl Cheeseburger Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits
(1)	Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.			
	7 Wing Bar Pork Riblet Sandwich Dinner Roll French Fries Fresh Tomato Wedges Assorted Fruits	8 Pasta Bar Spicy Chicken Sandwich Steamed Broccoli Fresh Cucumber Slices Assorted Fruits	9 Salisbury Steak Hot Dog on Bun Gravy Dinner Roll Mashed Potatoes Green Beans Assorted Fruits	10 Chicken Parmesan Melt Asian Bar Campfire Chipotle Beans Baby Carrots Assorted Fruits
(2)				11 Spicy Popcorn Chicken Bowl Cheeseburger Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits
	14 Grilled Ham & Chz Melt* Breaded Chix Drumstick Dinner Roll/Gravy Mashed Potatoes Baby Carrots Assorted Fruits	15 Pasta Bar Spicy Chicken Sandwich Green Beans Fresh Cucumber Slices Assorted Fruit Bar	16 Nacho Chz Walking Taco Chicken Patty Sandwich Fresh Broccoli Red Pepper Strips Assorted Fruits	17 Asian Bar Hot Dog on Bun Black Charro Beans Garden Salad Assorted Fruits
(3)				18 Ranch Chix & Chz Panini Steak Sandwich Swt Potato Bites Fresh Zucchini Assorted Fruits
	21 MLK Jr. Day	22 Pasta Bar Spicy Chicken Sandwich Baby Carrots Pinto Kickin Beans Assorted Fruits	23 Breaded Chix Drumstick Corn Dog Dinner Roll Gravy Mashed Potatoes Orange Glazed Carrots Assorted Fruits	24 Asian Bar Chicken Patty Sandwich Pinto Kickin Beans Baby Carrots Assorted Fruits
(4)				25 Wing Bar Assorted Pizza Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits
	28 Salisbury Steak Spicy Chicken Sandwich Dinner Roll/Gravy Mashed Potatoes Fresh Broccoli Assorted Fruits	29 Pasta Bar Chicken Patty Sandwich Dinner Roll Green Beans Red Pepper Strips Assorted Fruits	30 Buffalo Chicken Calzone Esta Fiesta Bar Swt Potato Fries Fresh Zucchini Assorted Fruits	31 Asian Bar Cheeseburger BBQ Chipotle Black Beans Garden Salad Assorted Fruits
(5)				

What is a Reimbursable Lunch?
Must choose 3 components with one being ½ cup fruit or vegetable.
 1. Whole Grain
 2. Fruit
 3. Vegetable
 4. Meat/Meat Alternate
 5. Milk-1%, Skim

PRICES
 Lunch: \$2.90
 Reduced: \$0.40

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

