



Elementary Lunch Menu

January 2019

<p>MONDAY</p> <p>(1)</p>	<p>1 TUESDAY</p> <p>No School</p>	<p>2 WEDNESDAY</p> <p>No School</p>	<p>3 THURSDAY</p> <p>A: Macaroni & Cheese B: Chicken Nuggets C: PB&J Sandwich D: Dinner Roll Green Beans Steamed Spinach Celery Sticks Pineapple Tidbits Strawberry Applesauce</p>	<p>4 FRIDAY</p> <p>A: Assorted Pizza* B: Turkey Sandwich C: PB&J Sandwich <i>Tater Tots</i> <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Mandarin Oranges</i> <i>Pears</i></p>
<p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>				
<p>National Hot Dog Day!</p>				
<p>7 MONDAY</p> <p>(2)</p> <p>A: Fish Sticks B: Cheeseburger C: PB&J Sandwich D: Breadstick <i>French Fries</i> <i>Steamed Carrots</i> <i>Celery Sticks</i> <i>Peach Applesauce Cup</i> <i>Fruit Mix</i></p>	<p>8 TUESDAY</p> <p>A: Country Popcorn Chix Bowl B: Hot Dog C: PB&J Sandwich D: Dinner Roll and/or Gravy <i>Corn</i> <i>Green Beans</i> <i>Celery Sticks</i> <i>Peaches</i> <i>Apple Slices</i></p>	<p>9 WEDNESDAY</p> <p>A: Salisbury Steak B: Grilled Cheese Sandwich C: PB&J Sandwich D: Gravy and/or Dinner Roll <i>Mashed Potatoes/Fresh Broccoli</i> <i>Celery Sticks</i> <i>Craisins</i> <i>Fruit Mix</i></p>	<p>10 THURSDAY</p> <p>A: Chicken Nuggets B: Turkey Chef Salad C: PB&J Sandwich D: Dinner Roll <i>Campfire Chipotle Beans</i> <i>Red Pepper Strips</i> <i>Celery Sticks</i> <i>Fresh Grapes</i> <i>Mixed Berry Applesauce</i></p>	<p>11 FRIDAY</p> <p>A: Assorted Pizza* B: Chicken Patty Sandwich C: PB&J Sandwich <i>Steamed Broccoli</i> <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Pears</i> <i>Mandarin Oranges</i></p>
<p>14 MONDAY</p> <p>(3)</p> <p>A: Nacho Cheese Walking Taco B: Chicken Tenders C: PB&J Sandwich D: Dinner Roll <i>Baby Carrots</i> <i>Charro Black Beans</i> <i>Celery Sticks</i> <i>Apple Slices</i> <i>Fruit Mix</i></p>	<p>15 TUESDAY</p> <p>A: Orange Popcorn Chix w. Broc B: Chicken Patty Sandwich C: PB&J Sandwich D: Plain Rice and/or Dinner Roll <i>Cucumber Slices</i> <i>Corn</i> <i>Celery Sticks</i> <i>Craisins</i> <i>Applesauce Cup</i></p>	<p>16 WEDNESDAY</p> <p>A: Chix & Maple Syrup Waffle B: Cheeseburger C: PB&J Sandwich <i>Swt Potato Tater Bites</i> <i>Green Beans</i> <i>Red Pepper Strips</i> <i>Celery Sticks</i> <i>Oranges</i> <i>Pears</i></p>	<p>17 THURSDAY</p> <p>A: Mozzarella Sticks B: Cham** & Cheese Melt C: PB&J Sandwich D: Marinara Sauce <i>Maple Mashed Swt Potatoes</i> <i>Fresh Broccoli</i> <i>Celery Sticks</i> <i>Mixed Fruit</i> <i>Apple Slices</i></p>	<p>18 FRIDAY</p> <p>A: Assorted Pizza* B: Apple, Yogurt & Chz Plate C: PB&J Sandwich D: WG Goldfish Colors <i>Baked Beans</i> <i>Side Salad</i> <i>Celery Sticks</i> <i>Banana</i> <i>Mandarin Oranges</i></p>
<p>21 MONDAY</p> <p>(4)</p> <p>MLK Jr. Day</p>	<p>22 TUESDAY</p> <p>A: Country Popcorn Chix Bowl B: Chicken Caesar Salad C: PB&J Sandwich D: Gravy and/or Dinner Roll <i>Corn</i> <i>Mashed Potatoes</i> <i>Celery Sticks</i> <i>Diced Pears</i> <i>Mandarin Oranges</i></p>	<p>23 WEDNESDAY</p> <p>A: Beef Quesadilla B: Chix Tenders C: PB&J Sandwich D: Dinner Roll/Salsa <i>Orange Glazed Carrots</i> <i>Steamed Zucchini</i> <i>Celery Sticks</i> <i>Craisins</i> <i>Fruit Mix</i></p>	<p>24 THURSDAY</p> <p>A: Teriyaki PopChix w. Broccoli B: Hot Dog on Bun C: PB&J Sandwich D: Plain Rice <i>Kickin Pinto Beans/Baby Carrots</i> <i>Celery Sticks</i> <i>Oranges</i> <i>Sliced Apples</i></p>	<p>25 FRIDAY</p> <p>A: Assorted Pizza* B: Cheeseburger C: PB&J Sandwich <i>Steamed Broccoli/Fresh Cucumber Slices</i> <i>Celery Sticks</i> <i>Fresh Grapes</i> <i>Cinnamon Applesauce</i></p>
<p>28 MONDAY</p> <p>(5)</p> <p>A: Beef Soft Tacos B: Turkey & Cheese Salad C: PB&J Sandwich D: Salsa E: WG Goldfish Crackers Steamed Zucchini Red Pepper Strips Celery Sticks Craisins Peaches</p>	<p>29 TUESDAY</p> <p>A: Swt & Sour PopChix w. Broccoli B: Hot Dog on Bun C: PB&J Sandwich D: Plain Rice <i>Green Beans/Baby Carrots</i> <i>Celery Sticks</i> <i>Sliced Apples</i> <i>Diced Pears</i></p>	<p>30 WEDNESDAY</p> <p>A: Fish Sandwich B: Cheeseburger C: PB&J Sandwich <i>Swt Potato Fries/Fresh Zucchini</i> <i>Celery Sticks</i> <i>Oranges</i> <i>Diced Peaches</i></p>	<p>31 THURSDAY</p> <p>A: Cheesy Beef Tater Bite Burrito B: Cham** & Cheese Melt C: PB&J Sandwich D: Salsa <i>Maple Mashed Swt Potatoes</i> <i>Side Salad</i> <i>Celery Sticks</i> <i>Pineapple Tidbits</i> <i>Apple Slices</i></p>	<p>FRIDAY</p>

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Lunch Prices: Full Priced: \$2.65
 Reduced: \$.40

Menus are subject to change.

Vision: "Deliver experiences that enrich and nourish lives."

Assorted Milk and 100% juice offered daily:
 1% White
 1% Chocolate
 Skim Vanilla
 Skim Strawberry

* MAY CONTAIN PORK.
 **CHICKEN HAM

What is a Reimbursable Lunch?
Must choose 3 components with one being 1/2 cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

