



# January 2019

## K8 BIC Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(1)		<b>1</b> No School	<b>2</b> No School	<b>3</b> A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Applesauce Cup  Assorted Juice Assorted Milk	<b>4</b> A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches  Assorted Juice Assorted Milk	<p><b>More Info...</b></p> <p><b>What is a Reimbursable Breakfast?</b></p> <p><b>Must choose 3 items with one being ½ cup fruit</b></p> <ol style="list-style-type: none"> <li><b>1. Whole Grain</b></li> <li><b>2. Fruit</b></li> <li><b>3. Milk-1%, Skim</b></li> <li><b>4. Additional Item: Grain or Meat/Meat Alt.</b></li> </ol> <p><b>*Assorted Milk</b> 1% White 1% Chocolate</p> <p><b>BIC:</b> Free to all students in participating buildings</p> <p><b>*May contain pork</b></p> <p>Menus are subject to change without notice.</p>
	<div style="background-color: yellow; border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Job Opportunity</b> Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p> </div>					
(2)	<b>7</b> A: Maple Madness Waffle B: Assorted Cereal C: Elf Grahams D: Pears  Assorted Juice Assorted Milk	<b>8</b> A: Cinni Mini's B: Assorted Cereal C: Elf Grahams D: Fruit Mix  Assorted Juice Assorted Milk	<b>9</b> A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Orange  Assorted Juice Assorted Milk	<b>10</b> A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Craisins  Assorted Juice Assorted Milk	<b>11</b> A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches  Assorted Juice Assorted Milk	
(3)	<b>14</b> A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Pears  Assorted Juice Assorted Milk	<b>15</b> A: Breakfast Pancake Stick B: Assorted Cereal C: Elf Grahams D: Applesauce  Assorted Juice Assorted Milk	<b>16</b> A: Mini Cinnamon Crunch Bagel B: Assorted Cereal C: Elf Grahams D: Fresh Orange  Assorted Juice Assorted Milk	<b>17</b> A: Sausage Breakfast Pizza* B: Assorted Cereal C: Elf Grahams D: Banana  Assorted Juice Assorted Milk	<b>18</b> A: Cinnamon French Toast B: Assorted Cereal C: Elf Grahams D: Apple Slices  Assorted Juice Assorted Milk	
(4)	<b>21</b> MLK Jr. Day	<b>22</b> A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Fresh Orange  Assorted Juice Assorted Milk	<b>23</b> A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Peach Applesauce  Assorted Juice Assorted Milk	<b>24</b> A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Peaches  Assorted Juice Assorted Milk	<b>25</b> A: Cheese Bosco Stick B: Assorted Cereal C: Elf Grahams D: Banana  Assorted Juice Assorted Milk	
(5)	<b>28</b> A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Sliced Apples  Assorted Juice Assorted Milk	<b>29</b> A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Fresh Orange  Assorted Juice Assorted Milk	<b>30</b> A: Cheese, Egg & Turkey Bacon Filled Bosco Stick B: Assorted Cereal C: Elf Grahams D: Fruit Mix  Assorted Juice Assorted Milk	<b>31</b> A: Breakfast Pancake Stick B: Assorted Cereal C: Elf Grahams D: Banana  Assorted Juice Assorted Milk		

**Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."**

### Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."