



January 2019

K8 Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(1)		1 No School	2 No School	3 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	4 Cheese Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Cup Assorted Juice Assorted Milk	<p>More Info...</p> <p>What is a Reimbursable Breakfast?</p> <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. <p>Must choose 3 items with one being ½ cup fruit</p> <p>Offered Daily:</p> <p>*Assorted Juice</p> <p>*Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry</p> <p>Pick 2 Items (MS ONLY): String Cheese Eggs Yogurt Asst Muffins Pop Tarts Granola Bars Biscuits Asst Crackers Asst Cereal</p> <p>Breakfast Prices: Full Priced: \$1.30 Reduced: \$.30</p> <p>*May contain pork **Chicken Ham</p> <p>Menus are subject to change without notice.</p>
(2)	7 Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	8 Glazed Cinnamon Roll Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	9 Sausage Breakfast Pizza* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	10 Cheesy Cham** Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Raisins Assorted Juice Assorted Milk	11 Dutch Waffle Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Peaches Assorted Juice Assorted Milk	
(3)	14 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	15 Breakfast Pancake Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	16 CSausage & Chz English Muffin* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	17 Chicken Ham** & Chz Bagel Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice	18 Cinnamon French Toast Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice	
(4)	21 MLK Jr. Day	22 Grape Crescent Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	23 Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	24 Egg, Bacon & Chz Flatbread Sandwich* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	25 Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Banana Assorted Juice Assorted Milk	
(5)	28 Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	29 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	30 Egg, Cham** & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	31 Mini Cinnamon Creamy Cheese Bagels Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice		

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."