



January 2019

MS BIC Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(1)		1 No School	2 No School	3 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Applesauce Cup Assorted Juice Assorted Milk	4 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk	<p>More Info...</p> <p>What is a Reimbursable Breakfast?</p> <p>Must choose 3 items with one being ½ cup fruit</p> <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. <p>*Assorted Milk 1% White 1% Chocolate</p> <p>BIC: Free to all students in participating buildings</p> <p>*May contain pork</p> <p>Menus are subject to change without notice.</p>
	<div style="background-color: yellow; border: 1px solid black; padding: 5px; text-align: center;"> <p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p> </div>					
(2)	7 A: Maple Madness Waffle B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk	8 A: Cinni Mini's B: Assorted Cereal C: Elf Grahams D: Fruit Mix Assorted Juice Assorted Milk	9 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Orange Assorted Juice Assorted Milk	10 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Craisins Assorted Juice Assorted Milk	11 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk	
(3)	14 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk	15 A: Mini Cinnamon Creamy Cheese Bagel B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk	16 A: Blueberry Loaf B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk	17 A: Sausage Breakfast Pizza* B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk	18 A: Cinnamon French Toast B: Assorted Cereal C: Elf Grahams D: Apple Slices Assorted Juice Assorted Milk	
(4)	21 MLK Jr. Day	22 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk	23 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Peach Applesauce Assorted Juice Assorted Milk	24 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk	25 A: Cheese Bosco Stick B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk	
(5)	28 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Sliced Apples Assorted Juice Assorted Milk	29 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk	30 A: Breakfast Pancake Stick B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk	31 A: Chocolate Crescent B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk		

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."