



January 2019

MS Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(1)		1 No School	2 No School	3 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Cup Assorted Juice Assorted Milk	4 Cheese Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Mandarin Oranges Assorted Juice Assorted Milk	More Info... What is a Reimbursable Breakfast? <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. Must choose 3 items with one being ½ cup fruit Offered Daily: *Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry Pick 2 Items (MS ONLY): String Cheese Eggs Yogurt Asst Muffins Pop Tarts Granola Bars Biscuits Asst Crackers Asst Cereal Donut Holes *May contain pork **Chicken Ham Breakfast Prices: Full Priced: \$1.30 Reduced: \$.30 Menus are subject to change without notice.
(2)	7 Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	8 Glazed Cinnamon Roll Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mlx Assorted Juice Assorted Milk	9 Sausage Breakfast Pizza* Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	10 Cheesy Cham** Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Raisins Assorted Juice Assorted Milk	11 Dutch Waffle Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Peaches Assorted Juice Assorted Milk	
(3)	14 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	15 Breakfast Pancake Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	16 CSausage & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	17 Chicken Ham & Chz Bagel Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	18 Cinnamon French Toast Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk	
(4)	21 MLK Jr. Day	22 Grape Crescent Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	23 Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	24 Egg, Bacon & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	25 Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Banana Assorted Juice Assorted Milk	
(5)	28 Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	29 Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	30 Egg, Cham** & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	31 Mini Cinnamon Creamy Cheese Bagels Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk		

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."