



January 2019

Study BIC Breakfast Menu

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|-----|--|--|--|--|---|--|
| (1) | | 1 No School | 2 No School | 3 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Applesauce Cup Assorted Juice Assorted Milk | 4 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk | <p>More Info...</p> <p>What is a Reimbursable Breakfast?</p> <p>Must choose 3 items with one being ½ cup fruit</p> <ol style="list-style-type: none"> 1. Whole Grain 2. Fruit 3. Milk-1%, Skim 4. Additional Item: Grain or Meat/Meat Alt. <p>*Assorted Milk 1% White 1% Chocolate</p> <p>BIC: Free to all students in participating buildings</p> <p>*May contain pork</p> <p>Menus are subject to change without notice.</p> |
| | <p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p> | | | | | |
| (2) | 7 A: Maple Madness Waffle B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk | 8 A: Cinni Mini's B: Assorted Cereal C: Elf Grahams D: Fruit Mix Assorted Juice Assorted Milk | 9 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Orange Assorted Juice Assorted Milk | 10 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Craisins Assorted Juice Assorted Milk | 11 A: Apple Bosco Stick B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk | |
| (3) | 14 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Pears Assorted Juice Assorted Milk | 15 A: Mini Cinnamon Creamy Cheese Bagel B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk | 16 A: Breakfast Pancake Stick B: Assorted Cereal C: Elf Grahams D: Applesauce Assorted Juice Assorted Milk | 17 A: Sausage Breakfast Pizza* B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk | 18 A: Cinnamon French Toast B: Assorted Cereal C: Elf Grahams D: Apple Slices Assorted Juice Assorted Milk | |
| (4) | 21 MLK Jr. Day | 22 A: Grape Crescent B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk | 23 A: Assorted Yogurt B: Assorted Cereal C: Elf Grahams D: Peach Applesauce Assorted Juice Assorted Milk | 24 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Peaches Assorted Juice Assorted Milk | 25 A: Cheese Bosco Stick B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk | |
| (5) | 28 A: Benefit Bar B: Assorted Cereal C: Elf Grahams D: Sliced Apples Assorted Juice Assorted Milk | 29 A: Country Chicken Biscuit B: Assorted Cereal C: Elf Grahams D: Fresh Orange Assorted Juice Assorted Milk | 30 A: Cheese, Egg & Turkey Bacon Filled Bosco Stick B: Assorted Cereal C: Elf Grahams D: Fruit Mix Assorted Juice Assorted Milk | 31 A: Breakfast Pancake Stick B: Assorted Cereal C: Elf Grahams D: Banana Assorted Juice Assorted Milk | | |

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."