

Wilson's Creek Lunch Menu

January 2019



M-W-F: Esta Fiesta Bar
T-Th: Asian Bar

Food...Fun...Friends

MONDAY

1 TUESDAY

No School

2 WEDNESDAY

No School

3 THURSDAY

A: Macaroni & Cheese
B: Chicken Nuggets
C: PB&J Sandwich
D: Dinner Roll
Green Beans
Steamed Spinach
Celery Sticks
Pineapple Tidbits
Strawberry Applesauce

4 FRIDAY

A: Assorted Pizza*
B: Turkey Sandwich
C: PB&J Sandwich
Tater Tots
Baby Carrots
Celery Sticks
Mandarin Oranges
Pears

Job Opportunity
Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.

National Hot Dog Day!

7 MONDAY

A: Fish Sticks
B: Cheeseburger
C: PB&J Sandwich
D: Breadstick
French Fries
Steamed Carrots
Celery Sticks
Peach Applesauce Cup
Fruit Mix

8 TUESDAY

A: Country Popcorn Chix Bowl
B: Hot Dog
C: PB&J Sandwich
D: Dinner Roll and/or Gravy
Corn
Green Beans
Celery Sticks
Peaches
Apple Slices

9 WEDNESDAY

A: Salisbury Steak
B: Grilled Cheese Sandwich
C: PB&J Sandwich
D: Gravy and/or Dinner Roll
Mashed Potatoes/Fresh Broccoli
Celery Sticks
Craisins
Fruit Mix

10 THURSDAY

A: Chicken Nuggets
B: Turkey Chef Salad
C: PB&J Sandwich
D: Dinner Roll
Campfire Chipotle Beans
Red Pepper Strips
Celery Sticks
Fresh Grapes
Mixed Berry Applesauce

11 FRIDAY

A: Assorted Pizza*
B: Chicken Patty Sandwich
C: PB&J Sandwich
Steamed Broccoli
Baby Carrots
Celery Sticks
Pears
Mandarin Oranges

14 MONDAY

A: Nacho Cheese Walking Taco
B: Chicken Tenders
C: PB&J Sandwich
D: Dinner Roll
Baby Carrots
Charro Black Beans
Celery Sticks
Apple Slices
Fruit Mix

15 TUESDAY

A: Orange Popcorn Chix w. Broc
B: Chicken Patty Sandwich
C: PB&J Sandwich
D: Plain Rice and/or Dinner Roll
Cucumber Slices
Corn
Celery Sticks
Craisins
Applesauce Cup

16 WEDNESDAY

A: Chix & Maple Syrup Waffle
B: Cheeseburger
C: PB&J Sandwich
Swt Potato Tater Bites
Green Beans
Red Pepper Strips
Celery Sticks
Oranges
Pears

17 THURSDAY

A: Mozzarella Sticks
B: Cham** & Cheese Melt
C: PB&J Sandwich
D: Marinara Sauce
Maple Mashed Swt Potatoes
Fresh Broccoli
Celery Sticks
Mixed Fruit
Apple Slices

18 FRIDAY

A: Assorted Pizza*
B: Apple, Yogurt & Chz Plate
C: PB&J Sandwich
D: WG Goldfish Colors
Baked Beans
Side Salad
Celery Sticks
Banana
Mandarin Oranges

21 MONDAY

MLK Jr. Day

22 TUESDAY

A: Country Popcorn Chix Bowl
B: Chicken Caesar Salad
C: PB&J Sandwich
D: Gravy and/or Dinner Roll
Corn
Mashed Potatoes
Celery Sticks
Diced Pears
Mandarin Oranges

23 WEDNESDAY

A: Beef Quesadilla
B: Chix Tenders
C: PB&J Sandwich
D: Dinner Roll/Salsa
Orange Glazed Carrots
Steamed Zucchini
Celery Sticks
Craisins
Fruit Mix

24 THURSDAY

A: Teriyaki PopChix w. Broccoli
B: Hot Dog on Bun
C: PB&J Sandwich
D: Plain Rice
Kickin Pinto Beans/Baby Carrots
Celery Sticks
Oranges
Sliced Apples

25 FRIDAY

A: Assorted Pizza*
B: Cheeseburger
C: PB&J Sandwich
Steamed Broccoli/Fresh Cucumber Slices
Celery Sticks
Fresh Grapes
Cinnamon Applesauce

28 MONDAY

A: Beef Soft Tacos
B: Turkey & Cheese Salad
C: PB&J Sandwich
D: Salsa
E: WG Goldfish Crackers
Steamed Zucchini
Red Pepper Strips
Celery Sticks
Craisins
Peaches

29 TUESDAY

A: Swt & Sour PopChix w. Broccoli
B: Hot Dog on Bun
C: PB&J Sandwich
D: Plain Rice
Green Beans/Baby Carrots
Celery Sticks
Sliced Apples
Diced Pears

30 WEDNESDAY

A: Fish Sandwich
B: Cheeseburger
C: PB&J Sandwich
Swt Potato Fries/Fresh Zucchini
Celery Sticks
Oranges
Diced Peaches

31 THURSDAY

A: Cheesy Beef Tater Bite
Burrito
B: Cham** & Cheese Melt
C: PB&J Sandwich
D: Salsa
Maple Mashed Swt Potatoes
Side Salad
Celery Sticks
Pineapple Tidbits
Apple Slices

FRIDAY

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Lunch Prices: Full Priced: \$2.65
Reduced: \$.40

Menus are subject to change.

Vision: "Deliver experiences that enrich and nourish lives."

Assorted Milk and 100% juice

offered daily:
1% White
1% Chocolate
Skim Vanilla
Skim Strawberry

* MAY CONTAIN PORK.

**CHICKEN HAM

What is a Reimbursable Lunch?

Must choose 3 components with one being 1/2 cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim