



March 2019

HIGH SCHOOL LUNCH MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Dr. Suess Birthday



Job Opportunity
Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.

Fuel
Fuel Item Mar 4-7: Hang Time Basket
Fuel Item Mar 18-22: Buzzer Beater Basket

1
Spicy Popcorn
Chicken Bowl
Green Eggs & Ham
Dinner Roll
Steamed Broccoli
Cucumber Slices
Assorted Fruits

What is a Reimbursable Lunch?
Must choose 3 components with one being 1/2 cup fruit or vegetable.
1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

(4)

(5)

(1)

(2)

(3)

4 Salisbury Steak
Beef Nachos
Assorted Entrée Salad
Dinner Roll/Gravy
Mashed Potatoes
Fresh Broccoli
Assorted Fruits

5 Pasta Bar
Assorted Entrée Salad
Dinner Roll
Steamed Carrots
Red Pepper Strips
Assorted Fruits

6 Buffalo Chicken
Calzone
Assorted Entrée Salad
Dinner Roll
Swt Potato Fries
Fresh Cucumber Slices
Assorted Fruits

7 Asian Bar
Assorted Entrée Salad
Dinner Roll
BBQ Chipotle Black Beans
Garden Salad
Assorted Fruits

8 **No School**

11 **Spring Break**

12 **Spring Break**

13 **Spring Break**

14 **Spring Break**

15 **Spring Break**

20 **First Day of Spring**

18 Fish Sticks
Assorted Entrée Salad
Dinner Roll
French Fries
Fresh Tomato Wedges
Assorted Fruits

19 Pasta Bar
Assorted Entrée Salad
Dinner Roll
Green Beans
Fresh Cucumber Slices
Assorted Fruits

20 Jumbo Chz Ravioli
Assorted Entrée Salad
Dinner Roll
Red Pepper Strips
Garden Salad
Assorted Fruits
ing Carnival Cookie

21 Chicken Parmesan Melt
Asian Bar
Assorted Entrée Salad
Dinner Roll
Campfire Chipotle Beans
Baby Carrots
Assorted Fruits

22 Salisbury Steak
Assorted Entrée Salad
Dinner Roll
Mashed Potatoes
Steamed Broccoli
Assorted Fruits

25 Grilled Ham & Chz Melt
Assorted Entrée Salad
Dinner Roll
Corn
Baby Carrots
Assorted Fruits

26 Pasta Bar
Assorted Entrée Salad
Dinner Roll
Green Beans
Red Pepper Strips
Assorted Fruits

27 Ranch Chix & Chz Panini
Assorted Entrée Salad
Dinner Roll
Swt Potato Bites
Fresh Zucchini
Assorted Fruits

28 BBQ Cheeseburger
Asian Bar
Assorted Entrée Salad
Dinner Roll
Black Charro Beans
Garden Salad
Assorted Fruits

29 Nacho Chz Walking Taco
Chicken Tender Dunks
Dinner Roll
Fresh Broccoli
Tater Bites
Assorted Fruits

March Madness Week

Offered Daily:
*Featured Entrée
*Featured Salad
*Esta Fiesta Bar
Beans & Rice
*Featured Deli
Selections:
Variety of Deli Sandwiches
PB&J Sandwiches
Pretzel, Yogurt & Cheese Packs
*Featured Pizza
Selections
Cheese Pizza
Pepperoni Pizza*
Calzones & Stromboli*
Manager's Special
*Featured Grill
Selections:
Cheeseburger, Grilled Chicken Sandwich
Breaded Chicken Sandwich
*Breadstick or Pretzels
*Assorted Juice
*Assorted Milk
1% White, 1%Chocolate Skim: Vanilla, Strawberry
Additional Weekly Grill Options:
Spicy Chicken Sandwich
Popcorn Chicken
Chicken Tenders
Hot Dog
PRICES
Lunch: \$2.90
Reduced: \$0.40

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

