



# March

2019

## K8 Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
(4)	<div style="border: 1px solid black; background-color: yellow; padding: 5px;"> <p align="center"><b>Job Opportunity</b>            Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p> </div>					<b>1</b> Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Banana Assorted Juice Assorted Milk	<p><b>More Info...</b></p> <p><b>What is a Reimbursable Breakfast?</b></p> <ol style="list-style-type: none"> <li><b>Whole Grain</b></li> <li><b>Fruit</b></li> <li><b>Milk-1%, Skim</b></li> <li><b>Additional Item: Grain or Meat/Meat Alt.</b></li> </ol> <p><b>Must choose 3 items with one being ½ cup fruit</b></p> <p align="center">Offered Daily:</p> <p>*Assorted Juice</p> <p>*Assorted Milk            1% White,            1% Chocolate            Skim: Vanilla,            Strawberry</p> <p><b>Pick 2 Items (MS ONLY):</b>            String Cheese            Eggs            Yogurt            Asst Muffins            Pop Tarts            Granola Bars            Biscuits            Asst Crackers            Asst Cereal</p> <p><b>Breakfast Prices:</b>            Full Priced: \$1.30            Reduced: \$.30</p> <p>*May contain pork            **Chicken Ham</p> <p>Menus are subject to change without notice.</p>	
(5)	<b>4</b> Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	<b>5</b> Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	<b>6</b> Egg, Cham** & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	<b>7</b> Mini Cinnamon Creamy Cheese Bagels Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice	<b>8</b> <b>No School</b>			
(1)	<b>11</b> <b>Spring Break</b>	<b>12</b> <b>Spring Break</b>	<b>13</b> <b>Spring Break</b>	<b>14</b> <b>Spring Break</b>	<b>15</b> <b>Spring Break</b>			
(2)	<b>18</b> Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	<b>19</b> Glazed Cinnamon Roll Pick 2 Breakfast Assorted Cereal Elf Grahams Mixed Fruit Assorted Juice Assorted Milk	<b>20</b> Sausage Breakfast Pizza Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	<b>21</b> Cheesy Cham Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Raisins Assorted Juice Assorted Milk	<b>22</b> Dutch Waffle Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Peaches Assorted Juice Assorted Milk			
(3)	<b>25</b> Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	<b>26</b> Breakfast Pancake Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Mixed Fruit Assorted Juice Assorted Milk	<b>27</b> Sausage & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	<b>28</b> Cham & Cheese Bagel Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	<b>29</b> Cinnamon French Toast Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk			

**Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."**

### Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



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