

March

2019

MS Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(4)	Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.				Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Banana Assorted Juice Assorted Milk	More Info What is a Reimbursable Breakfast? 1. Whole Grain
(5)	Apple Bosco Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	Egg, Cham** & Chz Flatbread Sandwich Pick 2 Breakfast Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	Mini Cinnamon Creamy Cheese Bagels Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	8 No School	 Fruit Milk-1%, Skim Additional Item: Grain or Meat/Meat Alt. Must choose 3 items with one being ½ cup fruit Offered Daily:
(1)	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break	15 Spring Break	*Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry
(2)	Egg & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	Glazed Cinnamon Roll Pick 2 Breakfast Assorted Cereal Elf Grahams Mixed Fruit Assorted Juice Assorted Milk	20 Sausage Breakfast Pizza Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	21 Cheesy Cham Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Raisins Assorted Juice Assorted Milk	Dutch Waffle Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Peaches Assorted Juice Assorted Milk	Pick 2 Items (MS ONLY): String Cheese Eggs Yogurt Asst Muffins Pop Tarts Granola Bars Biscuits Asst Crackers Asst Cereal Donut Holes
(3)	Country Chicken Biscuit Pick 2 Breakfast Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	26 Breakfast Pancake Stick Pick 2 Breakfast Assorted Cereal Elf Grahams Mixed Fruit Assorted Juice Assorted Milk	27 Sausage & Chz English Muffin Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	Cham & Cheese Bagel Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	Cinnamon French Toast Pick 2 Breakfast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk	*May contain pork **Chicken Ham Breakfast Prices: Full Priced: \$1.30 Reduced: \$.30 Menus are subject to change without notice.

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at https://frapps.horizonsolana.com/SPRR01 or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."