



March 2019

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dr. Seuss Birthday				
<p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>		<p>Fuel Fuel Item Mar 4-7: Hang Time Basket Fuel Item Mar 18-22: Buzzer Beater Basket</p>		<p>1 Country Chix Nugget Bowl Green Eggs & Ham PB&J Sandwich Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits</p>
<p>4 Salisbury Steak Egg Chef Salad PB&J Sandwich Dinner Roll/ Gravy Mashed Potatoes Fresh Broccoli Baby Carrots Assorted Fruits</p>	<p>5 Swt & Sour Popcorn Chix w. Broccoli Popcorn Chix Salad PB&J Sandwich Dinner Roll/Plain Rice Roasted Mixed Vegetables Red Pepper Strips Assorted Fruits</p>	<p>6 Chix Fajitas Ranch Chix Salad PB&J Sandwich Dinner Roll Swt Potato Fries Fresh Zucchini Assorted Fruits</p>	<p>7 Breaded Fish Melt Ham Chef Salad* PB&J Sandwich Dinner Roll Garden Salad Green Beans Assorted Fruits</p>	<p>8 No School</p>
Spring Break				
Spring Break				
Spring Break				
Spring Break				
Spring Break				
First Day of Spring				
<p>18 Fish Sticks Egg Chef Salad PB&J Sandwich Dinner Roll French Fries Fresh Tomato Wedges Assorted Fruits</p>	<p>19 Salisbury Steak Popcorn Chix Salad PB&J Sandwich Dinner Roll Mashed Potatoes Fresh Cucumber Slices Assorted Fruits</p>	<p>20 Jumbo Chz Ravioli Marinara Sauce Chicken Caesar Salad PB&J Sandwich Dinner Roll Steamed Carrots Garden Salad Assorted Fruits Spring Carnival Cookie</p>	<p>21 Chix Parmesan Sandwich Turkey Chef Salad PB&J Sandwich Dinner Roll Campfire Chipotle Beans Baby Carrots Assorted Fruits</p>	<p>22 Country Popcorn Chix Bowl Chicken & Chz Salad PB&J Sandwich Dinner Roll Steamed Broccoli Red Pepper Strips Assorted Fruits</p>
<p>25 Nacho Chz Walking Taco Egg Chef Salad PB&J Sandwich Dinner Roll Corn Baby Carrots Assorted Fruits</p>	<p>26 Chix & Maple Syrup Waffle Breaded Buffalo Chix Salad PB&J Sandwich Dinner Roll Green Beans Red Pepper Strips Assorted Fruits</p>	<p>27 Orange Popcorn Chix w. Broccoli Turkey & Chz Salad PB&J Sandwich Dinner Roll Swt Potato Bites Fresh Zucchini Assorted Fruits</p>	<p>28 Beef Soft Tacos Popcorn Chix Salad PB&J Sandwich Dinner Roll Black Charro Beans Garden Salad Assorted Fruits</p>	<p>29 Chix & Chz Penne Bake Chicken Tender Dunks PB&J Sandwich Dinner Roll Steamed Broccoli Baby Carrots Assorted Fruits</p>
March Maddness Week				

More Info...

Offered Daily:

- *Featured Entrée
- *Featured Salad
- *Esta Fiesta Bar
- Beans & Rice
- *Featured Deli Selections:
- Variety of Deli Sandwiches*
- PB&J Sandwiches
- Pretzel, Yogurt & Cheese Packs
- *Featured Pizza Selections
- Cheese Pizza
- Pepperoni Pizza*
- *Featured Grill Selections:
- Cheeseburger, Grilled Chicken Sandwich
- Breaded Chicken Sandwich

*Breadstick or Pretzels

*Assorted Milk
1% White,
1% Chocolate
Skim: Vanilla,
Strawberry

Additional Weekly Grill Options:

- Spicy Chicken Sandwich
- Popcorn Chicken
- Chicken Tenders
- Hot Dog

*May contain pork
**Chicken Ham

Lunch Prices:
Full Priced: \$2.90
Reduced: \$.40

Menus are subject to change without notice.

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

What is a Reimbursable Lunch?

Must choose 3 components with one being 1/2 cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

