



March 2019

Phelps/OTC/Discovery BREAKFAST MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

(4)	Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.					1
						Sausage & Chz English Muffin* Assorted Cereal Assorted Fruits
(5)	4	5	6	7	8	OTC Only Blueberry Muffin Loaf Strawberry Craisins Orange Juice White Milk
	Country Chicken Biscuit Assorted Cereal Assorted Fruits	Cheesy Cham** & Egg Pancake Panini Assorted Cereal Assorted Fruits	Cheese Bosco Sticks Assorted Cereal Assorted Fruits	Sausage & Chz English Muffin* Assorted Cereal Assorted Fruits		
(1)	11	12	13	14	15	Spring Break
	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	
(2)	18	19	20	21	22	Blueberry Muffin Loaf Assorted Cereal Assorted Fruits
	Sausage, Egg & Cheese Bagel* Assorted Cereal Assorted Fruits	Chz & Chix Sausage Quesadilla* Assorted Cereal Assorted Fruits	Dutch Waffle Assorted Cereal Assorted Fruits	Egg & Chz English Muffin Assorted Cereal Assorted Fruits		
(3)	25	26	27	28	29	Sausage Breakfast Pizza* Assorted Cereal Assorted Fruits
	Apple Frudel Pick 2 Breakfast Assorted Cereal Assorted Fruits	Sausage & Cheese English Muffin* Assorted Cereal Assorted Fruits	Sausage & Chz Biscuit* Assorted Cereal Assorted Fruits	Cheesy Cham** & Egg Pancake Panini Assorted Cereal Assorted Fruits		

What is a Reimbursable Breakfast?

1. Whole Grain
2. Fruit
3. Milk-1%, Skim
4. Additional Item: Grain or Meat/Meat Alt.

Must choose 3 items with one being ½ cup fruit

Offered Daily:

*Assorted Cereals

*Assorted Juice

*Assorted Milk
1% White,
1% Chocolate
Skim: Vanilla,
Strawberry

*May contain pork
**Chicken Ham

Breakfast: \$1.30
Reduced: \$0.30
BIC Sites: Free

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

