



March

2019

Discovery-Phelps-OTC LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

(4)

1
Spicy Popcorn Chicken Bowl
Cheeseburger
Steamed Broccoli
Red Pepper Strips
Assorted Fruits

What is a Reimbursable Lunch?
Must choose 3 components with one being ½ cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

(5)

4
Salisbury Steak
Beef Nachos
Dinner Roll/Gravy
Mashed Potatoes
Fresh Broccoli
Assorted Fruits

5
Pasta Bar
Chicken Patty Sandwich
Green Beans
Red Pepper Strips
Assorted Fruits

6
Buffalo Chicken Sandwich
Cheeseburger
Swt Potato Fries
Fresh Zucchini
Assorted Fruits

7
BBQ Rib Sandwich
Grilled Chix Sandwich
BBQ Chipotle Black Beans
Green Beans
Assorted Fruits

8
OTC Only
Pizza
Baby Carrots
Frozen Peach Cups
Milk

PRICES
Lunch: \$2.90
Reduced: \$0.40

(1)

11
Spring Break

12
Spring Break

13
Spring Break

14
Spring Break

15
Spring Break

(2)

18
Wing Bar
Hot Dog on Bun
Dinner Roll
French Fries
Steamed Carrots
Assorted Fruits

19
Pasta Bar
Chicken Patty Sandwich
Steamed Broccoli
Fresh Cucumber Slices
Assorted Fruits

20
Jumbo Chz Ravioli
Grilled Chix Sandwich
Dinner Roll
Mashed Potatoes
Green Beans
Assorted Fruits

21
Chili & Cinnamon Rolls
Fish Patty Sandwich
Campfire Chipotle Beans
Baby Carrots
Assorted Fruits

22
Salisbury Steak
Cheeseburger
Dinner Roll
Steamed Broccoli
Red Pepper Strips
Assorted Fruits

(3)

25
Grilled Ham & Chz Melt
Hot Dog
Corn
Baby Carrots
Assorted Fruits

26
Corn Dog
Pasta Bar
Dinner Roll
Green Beans
Fresh Cucumber Slices
Assorted Fruit Bar

27
Nacho Chz Walking Taco
Cheeseburger
Dinner Roll
Fresh Broccoli
Red Pepper Strips
Assorted Fruits

28
Asian Bar
Spicy Chicken Sandwich
Black Charro Beans
Garden Salad
Assorted Fruits

29
Chicken Tender Dunks
Pepperoni Pizza
Sweet Potato Bites
Fresh Zucchini
Assorted Fruits

Vision: "Deliver experiences that enrich and nourish lives."



Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

Menus are subject to change without notice.

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