



May 2019

K8 Lunch Menu

Fuel – MS ONLY
 Fuel Item May 6-10: Gyro Pizza
 Fuel Item May 13-17: Fully Loaded Pizza

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>		<p>National Burger Day!</p> <p>1 Orange PopChix w. Broccoli Turkey & Chz Salad PB&J Sandwich Plain Rice Dinner Roll Swt Potato Bites Fresh Zucchini Assorted Fruits</p>	<p>2 Beef Soft Tacos Popcorn Chix Salad PB&J Sandwich Dinner Roll Black Charro Beans Garden Salad Assorted Fruits</p>	<p>3 Pepperoni or Cheese Pizza* Chix Caesar Salad PB&J Sandwich Dinner Roll Fresh Broccoli Baby Carrots Assorted Fruits</p>
	<p>6 Breaded Chix Drumstick Ham** Chef Salad PB&J Sandwich Dinner Roll Steamed Zucchini Fresh Tomato Wedges Assorted Fruits</p>	<p>7 Pizza Chix Meatball Sub Chix Caesar Salad PB&J Sandwich Dinner Roll Steamed Carrots Green Peas Assorted Fruits</p>	<p>8 Country Chix Nugget Bowl Egg Chef Salad PB&J Sandwich Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits</p>	<p>9 Teriyaki Chix w. Vegetables Popcorn Chix Salad PB&J Sandwich Plain Rice Dinner Roll Pinto Kickin Beans Baby Carrots Assorted Fruits</p>
<p>13 Salisbury Steak Egg Chef Salad PB&J Sandwich Dinner Roll/Gravy Mashed Potatoes Fresh Broccoli Baby Carrots Assorted Fruits</p>	<p>14 Asian Adventure Day! Swt & Sour Popcorn Chix w. Broccoli Popcorn Chix Salad PB&J Sandwich Dinner Roll/Plain Rice Black Charro Beans Red Pepper Strips Assorted Fruits</p>	<p>15 Manager's Choice Dinner Roll Swt Potato Fries Fresh Zucchini Assorted Fruits</p>	<p>16 Manager's Choice Dinner Roll Garden Salad Green Beans Assorted Fruits</p>	<p>17 Manager's Choice Dinner Roll Steamed Spinach Orange Glazed Carrots Assorted Fruits</p>
<p>20 Manager's Choice Dinner Roll/Gravy Mashed Potatoes Steamed Broccoli Assorted Fruits</p>	<p>21 Manager's Choice Breadstick Green Beans Steamed Carrots Assorted Fruits</p>	22	23	24
27	28	29	30	31

More Info...
Offered Daily to MS students:

- *Featured Entrée
- *Featured Salad
- *Featured Deli Selections:
- Variety of Deli Sandwiches
- PB&J Sandwiches
- Pretzel, Yogurt & Cheese Packs
- *Featured Pizza Selections
- Cheese Pizza
- Pepperoni Pizza*
- Make Your Own Bagel Pizza
- Manager's Special
- *Featured Grill Selections:
- Cheeseburger, Grilled Chicken Sandwich
- Breaded Chicken Sandwich
- *Breadstick or Pretzels
- *Assorted Juice
- *Assorted Milk
- 1% White, 1% Chocolate
- Skim: Vanilla, Strawberry
- Additional Weekly Grill Options:**
- Spicy Chicken Sandwich
- Popcorn Chicken
- Chicken Tenders
- Hot Dog
- *May contain pork
- **Chicken Ham

Lunch Prices MS/ES:
 Full Priced: \$2.90/\$2.65
 Reduced: \$.40/\$.40

Menus are subject to change without notice.

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

What is a Reimbursable Lunch?
 Must choose 3 components with one being ½ cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

