



# May 2019

## MS Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
(3)	<p><b>Job Opportunity</b> Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>		<b>1</b> Sausage & Chz English Muffin*** Assorted Cereal Elf Grahams Fresh Orange Assorted Juice Assorted Milk	<b>2</b> Ham & Cheese Bagel** Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	<b>3</b> Cinnamon French Toast Assorted Cereal Elf Grahams Fresh Grapes Assorted Juice Assorted Milk	<p><b>More Info...</b></p> <p><b>What is a Reimbursable Breakfast?</b></p> <ol style="list-style-type: none"> <li>1. Whole Grain</li> <li>2. Fruit</li> <li>3. Milk-1%, Skim</li> <li>4. Additional Item: Grain or Meat/Meat Alt.</li> </ol> <p><b>Must choose 3 items with one being ½ cup fruit</b></p> <p>Offered Daily:</p> <p>*Assorted Juice</p> <p>*Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry</p> <p><b>Breakfast Prices:</b> Full Priced: \$1.30 Reduced: \$.30</p> <p>*May contain pork **Chicken Ham ***Chicken Sausage</p> <p>Menus are subject to change without notice.</p>
(4)	<b>6</b> Mini Cinnamon Creamy Cheese Bagels Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	<b>7</b> Grape Crescent Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	<b>8</b> Apple Bosco Stick Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	<b>9</b> Egg, Bacon & Chz Flatbread Sandwich* Assorted Cereal Elf Grahams Fresh Orange Assorted Juice  Assorted Milk	<b>10</b> Egg & Chz English Muffin Assorted Cereal Elf Grahams Banana Assorted Juice  Assorted Milk	
(5)	<b>13</b> Apple Bosco Stick Assorted Cereal Elf Grahams Diced Pears Assorted Juice Assorted Milk	<b>14</b> Country Chicken Biscuit Assorted Cereal Elf Grahams Fruit Mix Assorted Juice Assorted Milk	<b>15</b> Manager's Choice Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	<b>16</b> Manager's Choice Assorted Cereal Elf Grahams Fresh Banana Assorted Juice Assorted Milk	<b>17</b> Manager's Choice Assorted Cereal Elf Grahams Fzn Peach Cup Assorted Juice Assorted Milk	
(1)	<b>20</b> Manager's Choice Assorted Cereal Elf Grahams Applesauce Assorted Juice Assorted Milk	<b>21</b> Manager's Choice Assorted Cereal Elf Grahams Fzn Strawberry Cup Assorted Juice Assorted Milk	<b>22</b>	<b>23</b>	<b>24</b>	
(2)	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

**Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."**

### Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.



"This institution is an equal opportunity provider."