



# May 2019

## MS Lunch Menu

**Fuel**  
 Fuel Item May 6-10: Gyro Pizza  
 Fuel Item May 13-17: Fully Loaded Pizza

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Job Opportunity</b>            Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>		<p><b>National Burger Day!</b></p> <p>1 Orange PopChix w. Broccoli            Turkey &amp; Chz Salad            PB&amp;J Sandwich            Plain Rice            Dinner Roll            Swt Potato Bites            Fresh Zucchini            Assorted Fruits</p>	<p>2 Beef Soft Tacos            Popcorn Chix Salad            PB&amp;J Sandwich            Dinner Roll            Black Charro Beans            Garden Salad            Assorted Fruits</p>	<p>3 Macaroni &amp; Cheese            Chix Caesar Salad            PB&amp;J Sandwich            Dinner Roll            Fresh Broccoli            Baby Carrots            Assorted Fruits</p>
	<p>6 Breaded Chix Drumstick            Ham** Chef Salad            PB&amp;J Sandwich            Dinner Roll            Steamed Zucchini            Fresh Tomato Wedges            Assorted Fruits</p>	<p>7 Pizza Chix Meatball Sub            Chix Caesar Salad            PB&amp;J Sandwich            Dinner Roll            Steamed Carrots            Green Peas            Assorted Fruits</p>	<p>8 Country Chix Nugget Bowl            Egg Chef Salad            PB&amp;J Sandwich            Dinner Roll/Gravy            Mashed Potatoes            Corn            Assorted Fruits</p>	<p>9 Teriyaki Chix w. Vegetables            Popcorn Chix Salad            PB&amp;J Sandwich            Plain Rice            Dinner Roll            Pinto Kickin Beans            Baby Carrots            Assorted Fruits</p>
<p>13 Salisbury Steak            Egg Chef Salad            PB&amp;J Sandwich            Dinner Roll/Gravy            Mashed Potatoes            Fresh Broccoli            Baby Carrots            Assorted Fruits</p>	<p><b>Asian Adventure Day!</b>            14 Swt &amp; Sour Popcorn Chix w. Broccoli            Popcorn Chix Salad            PB&amp;J Sandwich            Dinner Roll/Plain Rice            Black Charro Beans            Red Pepper Strips            Assorted Fruits</p>	<p>15 Manager's Choice            Dinner Roll            Swt Potato Fries            Fresh Zucchini            Assorted Fruits</p>	<p>16 Manager's Choice            Dinner Roll            Garden Salad            Green Beans            Assorted Fruits</p>	<p>17 Manager's Choice            Dinner Roll            Steamed Spinach            Orange Glazed Carrots            Assorted Fruits</p>
<p>20 Manager's Choice            Dinner Roll/Gravy            Mashed Potatoes            Steamed Broccoli            Assorted Fruits</p>	<p>21 Manager's Choice            Breadstick            Green Beans            Steamed Carrots            Assorted Fruits</p>	22	23	24
27	28	29	30	31

**More Info...**  
**Offered Daily:**  
 \*Featured Entrée  
 \*Featured Salad  
 \*Featured Deli Selections:  
 Variety of Deli Sandwiches  
 PB&J Sandwiches  
 Pretzel, Yogurt & Cheese Packs  
 \*Featured Pizza Selections  
 Cheese Pizza  
 Pepperoni Pizza\*  
 Make Your Own Bagel Pizza  
 Manager's Special  
 \*Featured Grill Selections:  
 Cheeseburger, Grilled Chicken Sandwich  
 Breaded Chicken Sandwich  
 \*Breadstick or Pretzels  
 \*Assorted Juice  
 \*Assorted Milk  
 1% White,  
 1% Chocolate  
 Skim: Vanilla,  
 Strawberry  
**Additional Weekly Grill Options:**  
 Spicy Chicken Sandwich  
 Popcorn Chicken  
 Chicken Tenders  
 Hot Dog  
 \*May contain pork  
 \*\*Chicken Ham  
**Lunch Prices MS/ES:**  
 Full Priced: \$2.90/\$2.65  
 Reduced: \$.40/\$.40  
 Menus are subject to change without notice.

**Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."**

### Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

**What is a Reimbursable Lunch?**  
 Must choose 3 components with one being ½ cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

