



May 2019

Study Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>(3)</p> <p>Job Opportunity Looking for flexibility? Part-Time or Full-Time hours? No nights or weekends? Nutrition Services employees needed. To apply, please call 523-1116.</p>		<p>National Burger Day!</p> <p>1 Orange PopChix w. Broccoli Turkey & Chz Salad PB&J Sandwich Plain Rice Dinner Roll Swt Potato Bites Fresh Zucchini Assorted Fruits</p>	<p>2 Beef Soft Tacos Popcorn Chix Salad PB&J Sandwich Dinner Roll Black Charro Beans Garden Salad Assorted Fruits</p>	<p>3 Pepperoni or Cheese Pizza* Chix Caesar Salad PB&J Sandwich Dinner Roll Fresh Broccoli Baby Carrots Assorted Fruits</p>	<p>More Info... Offered Daily to MS students:</p> <p>*Featured Entrée *Featured Salad *Featured Deli Selections: Variety of Deli Sandwiches PB&J Sandwiches Pretzel, Yogurt & Cheese Packs *Featured Pizza Selections Cheese Pizza Pepperoni Pizza* Make Your Own Bagel Pizza Manager's Special *Featured Grill Selections: Cheeseburger, Grilled Chicken Sandwich Breaded Chicken Sandwich *Breadstick or Pretzels *Assorted Juice *Assorted Milk 1% White, 1% Chocolate Skim: Vanilla, Strawberry Additional Weekly Grill Options: Spicy Chicken Sandwich Popcorn Chicken Chicken Tenders Hot Dog *May contain pork **Chicken Ham Lunch Prices MS/ES: Full Priced: \$2.90/\$2.65 Reduced: \$.40/\$.40 Menus are subject to change without notice.</p>
	<p>6 Breaded Chix Drumstick Ham** Chef Salad PB&J Sandwich Dinner Roll Steamed Zucchini Fresh Tomato Wedges Assorted Fruits</p>	<p>7 Pizza Chix Meatball Sub Chix Caesar Salad PB&J Sandwich Dinner Roll Steamed Carrots Green Peas Assorted Fruits</p>	<p>8 Country Chix Nugget Bowl Egg Chef Salad PB&J Sandwich Dinner Roll/Gravy Mashed Potatoes Corn Assorted Fruits</p>	<p>9 Teriyaki Chix w. Vegetables Popcorn Chix Salad PB&J Sandwich Plain Rice Dinner Roll Pinto Kickin Beans Baby Carrots Assorted Fruits</p>	
<p>(5)</p> <p>13 Salisbury Steak Egg Chef Salad PB&J Sandwich Dinner Roll/ Gravy Mashed Potatoes Fresh Broccoli Baby Carrots Assorted Fruits</p>	<p>Asian Adventure Day!</p> <p>14 Swt & Sour Popcorn Chix w. Broccoli Popcorn Chix Salad PB&J Sandwich Dinner Roll/Plain Rice Black Charro Beans Red Pepper Strips Assorted Fruits</p>	<p>15 Manager's Choice Dinner Roll Swt Potato Fries Fresh Zucchini Assorted Fruits</p>	<p>16 Manager's Choice Dinner Roll Garden Salad Green Beans Assorted Fruits</p>	<p>17 Manager's Choice Dinner Roll Steamed Spinach Orange Glazed Carrots Assorted Fruits</p>	
<p>(1)</p> <p>20 Manager's Choice Dinner Roll/Gravy Mashed Potatoes Steamed Broccoli Assorted Fruits</p>	<p>21 Manager's Choice Breadstick Green Beans Steamed Carrots Assorted Fruits</p>	22	23	24	
<p>(2)</p> <p>27</p>	28	29	30	31	

Nutrition Services Vision: "To provide meals and service that enrich and nourish lives."

Special News...

Free and Reduced Meal Applications can be filled out online at <https://frapps.horizonsolana.com/SPRR01> or you can pick up a paper version at your school office.

"This institution is an equal opportunity provider."

What is a Reimbursable Lunch?

Must choose 3 components with one being ½ cup fruit or vegetable.

1. Whole Grain
2. Fruit
3. Vegetable
4. Meat/Meat Alternate
5. Milk-1%, Skim

